

JROTC Distance Learning Grading Rubric

A
Exceeds Standards

B
Met Standards

C
Met some but not all
Standards

D/F
Did not meet standards

Weekly Fitness

1. Student completed at least three separate workouts on three different days per week.	1. Student completed a minimum of one workout per week.	1. Student attempted but did not complete all components of one weekly workout.	1. Student did not attempt weekly workout.
2. In each workout the student completed the minimum of 25 pushes, 30 sit-ups and 30 minutes of cardiovascular activity.	2. Student completed the minimum workout requirements of 25 push ups, 30 sit-ups and 30 min cardio		
3. Weekly fitness response returned to instructor no later than Sunday 11:59 PM			

Notetaker

1. Student completed reading in its entirety and fully/accurately answered questions in complete sentences, completed fill in the blank and/or answered all multiple choice questions.	1. Student completed reading in its entirety and answered all questions but 2 or less inaccuracies, omissions and/or incomplete sentences were noted.	1. Student did not answered all questions, 3 or more questions were not answered accurately.	1. Students did not complete weekly note taker and did not communicate with instructor
2. Student answers were well thought out and demonstrated an understanding of the reading material.	2. Student answers were not well thought out and did not demonstrate an understanding of the reading material.		
3. Student answers were easy to read due to typed response or neat handwriting.	3. Student answers were not easy to read due to sloppy handwriting.		
4. Weekly note taker response returned to instructor no later than Sunday 11:59 PM			