

AUGUST 2023

Freedom High School

LUNCH



School Information:

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August is National Panini Month! A panini is a sandwich made on delicious Italian bread, loaded with meat, cheese and veggies and grilled to perfection. Experiment with different toppings to find your perfect panini!



MONDAY

All meals come with a choice of Chocolate or Plain milks, fruit and/or veggie.

Based on Availability

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

Beef Soft Taco

1

Ranch Chicken Wrap

2

Chicken Quesadilla

3

Cheeseburger w/fries

4

Taco Nada

7

Beef Soft Taco

8

Ranch Chicken Wrap

9

Chicken Quesadilla

10

Cheeseburger w/fries

11

Pepper Jack Ciabatta

14

Beef Soft Taco

15

Ranch Chicken Wrap

16

Chicken Quesadilla

17

Cheeseburger w/fries

18

Cheeseburger Sliders

21

Beef Soft Taco

22

Ranch Chicken Wrap

23

Chicken Quesadilla

24

Cheeseburger w/fries

25

Taco Stick

28

Beef Soft Taco

29

Ranch Chicken Wrap

30

Chicken Quesadilla

31

Other Items served daily: Spicy chicken sandwich, yogurt parfaits, salads, pep. or cheese pizza

