AUGUST 2023

HERITAGE HIGH SCHOOL





School Information:

Heidi Ellingson-Café Coordinator (925) 634-0037 ext 6923 ellingso@luhsd.net NEW: We now have a salad bar!!!



August is National Panini Month! A panini is a sandwich made on delicious Italian bread, loaded with meat, cheese and veggies and grilled to perfection. Experiment with different toppings to find your perfect panini!



ellinaso@luhsd.net			o opposite the process	
MONDAY	TUESDAY	WEDNESDAY ///	THURSDAY	FRIDAY
All Meals come with choice of NF chocolate or LF plain milk and fruit and/or veggies. Based on Availability	Taco Stick	Cheese Burger Sliders 2	Spicy Chicken Wrap 3	Ciabatta Pepper Jack Melt
Extreme Burrito 7	Taco Stick 8	Orange Chicken Rice Bowl	Spicy Chicken Wrap 10	Ciabatta Pepper Jack Melt
Extreme Burrito 14	Taco Stick	Orange Chicken Rice Bowl	Spicy Chicken Wrap 17	Ciabatta Pepper Jack Melt
Extreme Burrito 21	Taco Stick 22	Orange Chicken Rice Bowl	Spicy Chicken Wrap 24	Ciabatta Pepper Jack Melt
Extreme Burrito 28	Taco Stick 29	Orange Chicken Rice Bowl	Spicy Chicken Wrap 31	Also available daily: Pepperoni or cheese pizza (Pizza Guys), spicy chicken sandwiches, turkey/cheese deli sandwiches, PB&J sandwiches