

# Post-School Break Testing for COVID-19

## Prepare now for a safe return to school for your student after break

### Follow these steps:

#### Step 1: Get your testing materials

- Locate your testing materials from your school or district. A box of at-home COVID-19 rapid antigen tests may contain 1 or 2 tests.
- Your child's school may also offer on-site antigen testing. For more information on other testing options reach out to your school.
- If possible, have a device ready with internet access available, so that you can share your results with your local health department after you test.



#### Step 2: Plan your test days

- You might receive specific instructions on which days to use your tests. If you can, test the day before returning to school after break.  
**If students are already back from break, test now!** Repeat test in 3 days.
- If your student gets sick with [symptoms](#) (like cough and fever), **STAY HOME** and use your tests to see if it is COVID-19.
- Talk to your school if your child was exposed to someone with COVID-19.

#### Step 3: Share your results

- **SHARE** test results through the [Primary.Health](#) link sent by your school or if your school does not use Primary.Health, through the Primary.Health's [California Schools At-Home testing website](#) or by scanning the QR code below with your smartphone.

#### Step 4: Understand your results

##### NEGATIVE TEST?

- If the student feels well and has no [COVID-19 symptoms](#), return to school.
- If the student has **SYMPTOMS** or has been in contact with someone with COVID-19, please call your school before they return.

##### POSITIVE TEST?

- Keep the student home from school and contact your doctor and your school right away.

##### UNCLEAR TEST RESULTS?

- Repeat test at school or at a local testing site.

**ANY SYMPTOMS? KNOWN EXPOSURE? If your student has ANY [COVID-19 symptoms](#) or was exposed to COVID-19, CALL THE SCHOOL before they return. If your student is very sick: call 911, visit an emergency room, or call your doctor.**



SCAN the QR code to share the results with your local health department.

