

*Emotional and Social Development
from One to Three*

CHAPTER 11

Study Guide

Directions: Answer the following questions as you read the chapter. They will help you focus on the main points. Later, you can use this guide to review and study the chapter information.

Section 11–1: Emotional Development from One to Three

1. Why are most children self-centered at eighteen months? _____

2. Identify and describe two causes for toddlers' negativism. _____

3. When are temper tantrums likely to start? At what age do they usually stop? _____

4. Identify which ages—eighteen months, two years, two and one-half years, and three years—are generally calmer and which generally have more frustrations.
 - A. Calmer: _____
 - B. More frustrations: _____
5. How do an eighteen-month-old and a three-year-old each typically express anger?

6. What are phobias? _____
7. What is separation anxiety? _____

8. Describe three ways that caregivers can help toddlers deal with their fears. _____

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9. Describe three things a parent can do to reduce sibling rivalry. _____

10. What is a sign that toddlers are developing empathy? _____

11. What differences cause each child to develop emotionally in a unique way? _____

12. How do children form their self-concept? _____

13. Why is it so important for toddlers to have a positive relationship with parents and siblings?

14. Describe at least two signs that a child has a healthy relationship with a parent. _____

15. Identify the two sleep cycles. Which cycle is a deep sleep? In which cycle do dreams occur?

16. What are two signs that a child may be sleep-deprived? Why is the condition more apparent after children start school?

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Section 11–2: Social Development from One to Three

17. What is socialization? _____

18. What is the difference between parallel play and cooperative *play*? Which comes first?

19. How concerned with helping and pleasing others are children of the following ages? Describe how they demonstrate their level of concern.

A. Two: _____

B. Two and one-half: _____

C. Three: _____

D. Three and one-half: _____

20. What is a drawback to children spending almost all of their time with adults? _____

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21. At a child care center, two three-year-olds get into an argument. How should you respond? Why?

22. Jason is concerned about his three-year-old's unusual behavior. Donovan has an imaginary friend that he talks to a lot. Jason is embarrassed and wants to put an end to it. What advice would you give Jason?

23. How does a parent's guidance help a child learn self-discipline? _____

24. When fourteen-month-old Kayla began running after the family dog, her mother said, "Kayla, look out the window at the little bunny." What method of guidance was she using? If Kayla were age two or older, what might her mother do to keep Kayla from hurting the dog?

25. Why is consistency important when setting limits? _____

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26. What is *autonomy*? Give an example of how parents can encourage their child's autonomy in eating, dressing, hygiene, or household tasks.

27. Describe three ways that caregivers can promote sharing among toddlers. _____

28. What kinds of aggressive behaviors do some two- and three-year-olds display? Is ignoring the misbehavior one acceptable course of action? Explain.

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SECTION 11-1

Parenting Q & A

Directions: Read the following e-mail messages sent to Help for Parents' online question site. Take the role of the site's expert and write a response to each message. Write your responses in the spaces provided.

1. Help! Our three-year-old daughter has always seemed happy, but recently she started sucking her thumb again. She even wet her pants a couple times in the past week, something that hasn't happened for more than a year. What could be wrong? What should we do?

2. My two-year-old cries every time I drop him off at the child care center. The caregivers tell me that he's fine during the day, but it just breaks my heart to hear him cry. What should I do?

3. We're expecting our second baby in four months. What should we say to our three-year-old daughter?

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4. My two-year old has a temper tantrum almost every time we go to the supermarket. It's gotten to the point where I dread having to go to the store. How can I break him of this habit?

5. Ever since Brenna turned two, she says "no" to absolutely everything. When we ask if she's hungry, or ready to go someplace, or ready for bed—it doesn't matter what the question is—she always says "no"! How can we stop her?

6. Nguyen and I used to take a walk every afternoon, but, ever since a neighbor got a big dog, he doesn't want to go. The dog barked at him the first day, and he's been afraid to get near it ever since. How can I get him to enjoy his walks again?

7. My twins are two and one-half. They seem to disrupt family activities all the time. When I praise Kara for her block construction, Jimmy starts singing loudly nearby. When I admire Jimmy's coloring, Kara pushes her toy train across the page. What can I do?

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SECTION 11-2

Analyzing Children's Behavior

Directions: Jake has been working as a volunteer at a local child care center. Each day when he's done, he talks to Kathleen Wallach, one of the center's teachers, about what he's seen that day. Read his questions from one day and then, in the spaces provided, write the answers you think Mrs. Wallach might give.

1. Shayna, who is two and one-half, sat for a long time just watching a boy about the same age play with blocks. Is there something wrong with her that she's not joining in?

2. Joe was talking about somebody named Justin. But there isn't anybody in the center or his family with that name. One of the other staff members said that this was Joe's imaginary friend. Is it okay for him to have an imaginary friend?

3. One time when two girls were fighting over who would play with the fire truck, you stepped in right away. They were about eighteen months old. Why didn't you let them work it out for themselves? Isn't it better for them to learn to solve their own problems?

4. You seemed to make a special point of praising that really quiet girl, Alexis. You told her how much you like her finger painting, how much she helped in handing out snacks, and how well she sang during the music time. Why make such a big fuss over her, when there are lots of other kids who do more or better than she does?

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