

Freedom High School

COURSE CATALOG

2024-2025



Freedom High School
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Introduction

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B Building

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College & Career Center

Alice Cartwright, *Career Center Coordinator*

Eric Volta, *District Superintendent*

Principal's Message

Hello Falcon Families,

Our course catalogue is designed to help students and families better understand the courses they will take here at Freedom High School. In the pages that follow you will find, sample four-year plans, NCAA requirements, UC and CSU requirements, High School graduation requirements, Seal of Biliteracy requirements and course descriptions.

Our counseling team build schedules that provide a wide range of post high school opportunities. We strive to have every student be meet "A-G eligibility" which means the student is able to go to a four-year college have high school, but that also means the student is eligible for all other post high school options as well.

With our A/B block schedule, students may take a study hall period. Study hall allows students to do homework during the school day as well as offer an opportunity for students to obtain help in classes. The faculty and staff at Freedom High School provide the best possible education for our students.

Upon arriving, your student will be assigned to a "building." Each "building consists of an administrator, secretary, and counselor. In partnership with students and families, we work together to ensure all students reach their full potential. Daily attendance, hard work and promptness to all classes are all necessary for success. We hold high expectations, both in behavior and academics.

Should you have any questions, please reach out to our counseling staff who are very knowledgeable.

Dr. Steve Amaro

Guidelines for Choosing Courses

As you read this catalog, carefully consider the following before selecting your courses for the next year:

1. **Graduation Requirements:** select the courses you need to meet district graduation requirements
2. **College Entrance Requirements:** select courses you need to meet college entrance requirements (refer to a-g approved course list on page 3)
3. **Career Plans:** select academy courses that can help you explore possible future career options
4. **Parent Approval:** talk with parents about your choices and have them sign the parent confirmation letter (10th-12th) or course request form (9th)
5. **Teacher Recommendation:** discuss course choices with teachers and get their recommendations

Freedom High School Class Change Policy

Student schedules may shift during the first ten days of the term, due to a balancing of classes. Requests for schedule changes will generally only be granted for the following reasons:

1. **Level Changes:** for example, Algebra 2 and Trigonometry to Algebra 2, or Spanish 3 to Spanish 2
2. **Graduation Requirements:** to makeup credits or fulfill graduation requirements
3. **College Entrance Requirements:** to meet UC/CSU entrance requirements

FYI: Teacher preference will not be considered when making schedule changes. Any courses dropped after four (4) weeks may result in a withdraw “F”.

Advanced Placement Courses

AP courses are college-level courses offered in high school. Students learn rigorous college-level content and skills. The courses reflect what is taught in introductory college courses. Students take AP Exams at the end of the course, measuring their mastery of college-level work. A score of 3 or higher on an AP Exam can typically earn the student college credit and/or placement into advanced courses in college. Taking AP is valued in the college admission process. AP courses are an interesting and rewarding academic experience. It is an opportunity to earn valuable credit and placement in college. Most selective colleges and universities report that a student’s AP experience favorably impacts admission decisions. Taking AP courses lets college admission officials know that students are challenging themselves and preparing for the rigors they will encounter in their college careers.

*Note: A student’s enrollment and participation in an AP course does not ensure that he/she will pass the exam. AP credit is not accepted by all colleges/universities. You will need to consult with the institution to which your student is applying for their specific policies regarding AP credit.

Student Support Programs

- **Free Tutoring:** Tuesday - Thursday 3:30 – 4:45 p.m. in B-119
- **Math Lab:** available every period for additional help with math concepts in C-119
- **Weekly Progress Reports:** available for students in building offices
- **Parent Portal:** on-line system that allows parent and students to track academic progress.
<https://luhsd.aspaeries.net/student>
- **Study Hall:** this course provides additional resources and allows students to work on class assignments

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Graduation Requirements

The following requirements must be met to receive a diploma from the
Liberty Union High School District

Course Requirements (10 Credits = 1 year)		
Course		Credits
English:	Students must pass 9 th , 10 th , 11 th and 12 th grade levels	40
Social Studies:	a. One year of World History (10 th) b. One year of U.S. History (11 th) c. One semester of American Government (12 th) d. One semester of Economics (12 th)	30
Mathematics:	Students must pass three years of mathematics with completion of Algebra and Geometry.	30
Science:	a. One year of Life Science (The Living Earth) b. One year of Physical Science (Chemistry in the Earth Systems or Physics in the Universe)	20
Fine Arts or World Language:	One year	10
Physical Education:	a. One year of 9 th grade P.E. b. One year of 10 th grade P.E.	20
Health:	Students must take one semester of health education	5
Electives:		115
Total number of credits required for graduation		270

In order to graduate and earn a diploma, **Graduation Requirements** students must (1) complete 270 credits; and (2) complete the required course of study as noted above. Students who do not fulfill all of these requirements are not eligible to graduate from Freedom High School.

UC & CSU Minimum Subject Requirements

Students must earn a “C” or better in these courses as well as take the ACT/SAT with essay for eligibility to UC or CSU
Minimum of 15 year-long college preparatory courses are required for eligibility to UC or CSU.
Check with college of choice for specific entrance requirements.

University of California

Minimum 3.0 GPA

a. History/Social Science: (2 years required)
1 year World History, 1 year U.S. History, 1 year
American Government/Economics

b. English: (4 years required)
1 year each of 9th, 10th, 11th, 12th grade English

c. Mathematics: (3 years required; 4 recommend)
1 year Algebra 1, 1 year Geometry, 1 year Algebra 2
or Algebra 2/Trigonometry, Statistics or AP
Statistics, Pre-Calculus or AP Calculus

d. Lab Science: (2 years required; 3 recommended)
1 year The Living Earth, 1 year Chemistry in the
Earth Systems or Physics in the Universe

e. Language: (2 years required; 3 recommended)
2 years of the same language [other than English]

f. Visual and Performing Arts: (1 year required)
1 year of a visual or performing arts course

g. Electives: (1 year required)
1 year of an elective listed on the “a-g” course list

California State University

Minimum 2.0 GPA

a. History/Social Science: (2 years required)
1 year World History, 1 year U.S. History, 1 year
American Government/Economics

b. English: (4 years required)
1 year each of 9th, 10th, 11th, 12th grade English

c. Mathematics: (3 years required)
1 year Algebra 1, 1 year Geometry, 1 year Algebra 2
or Algebra 2/Trigonometry, Statistics or AP
Statistics, Pre-Calculus or AP Calculus

d. Lab Science: (2 years required)
1 year The Living Earth, 1 year Chemistry in the
Earth Systems or Physics in the Universe

e. Language: (2 years required)
2 years of the same language [other than English]

f. Visual and Performing Arts: (1 year required)
1 year of a visual or performing arts course

g. Electives: (1 year required)
1 year of an elective listed on the “a-g” course list

Freedom High School A-G Approved Course List
Courses Accepted by the UC and CSU Systems

A- Social Science		B- English	
AP American Government	World Cultures	AP English Language	English 9
AP U.S. History	World History	AP English Literature	English 10
AP World History	World Studies W.H.	American Studies Eng 11	English 11
American Government	AP Human Geography	ELD 3	English 12
American Studies U.S.H	U.S. History	Science Fiction Lit	World Studies Eng 10
C- Mathematics		D- Lab Sciences	
Algebra 1	AP Calculus AB	Anatomy and Physiology	Living Earth
Algebra 2	AP Calculus BC	AP Bio	Chemistry
Algebra 2-PreCalc	Pre-Calculus	AP Chemistry	Biotechnology
Geometry	Statistics	AP ROP Environ Science	Physics
Financial Algebra	AP Statistics	Environmental Science	AP Physics
AP Pre-Calc*		Zoology*	Marine Biology*
E- World Languages		F- VAPA	
Spanish 1	French 1	A Cappella Choir	Concert Band
Spanish 2	French 2	Beginning Art	Concert Choir
Spanish 3	French 3	Intermediate Art	Graphic Design 1
Spanish 4	French 4	Advanced Art	Graphic Design 2
AP Spanish Language		AP studio Art	Jazz Band
Span. For Span. Speakers 1	Span. For Span. Speakers 2	AP Art History	Orchestra
		Animation	Symphonic Band
		Advanced Animation	Men's Chorus
		Photography 1	Women's Chorus
		Photography 2	Women's Ensemble
		ROP Advanced Video Pro.	Select Singers
		ROP Art of Video Pro	Theater Arts 1
		Theater Arts 2	Theater Arts 3
G- Electives			
AP Economics	Psychology within Society	Forensic Science	MC3 (Construction) 1 & 2
AP Psychology	ROP Career W/ Children	Journalism	Virtual Enterprise
AP Research	Speech and Debate	Peace and Conflict Studies	Mock Trial
Child Development	Business Marketing	PUSH 12	Economics
Exp. Computer Science	Environmental Science	ROP Sports Medicine	Jump Start Engineering
Game Design	Creative Writing	Law Enforcement	

*Pending Approval

NCAA (National Collegiate Athletic Association) Approved Course List

For students planning to pursue collegiate athletics

English:

American Studies (English)
AP Language and Composition
AP Literature and Composition
Creative Writing
English 9, 10, 11, 12
Journalism
Science Fiction Literature
Speech and Debate
World Studies (English)

Social Science:

American Government
American Studies (US History)
AP American Government
AP Economics
AP Human Geography
AP Psychology
AP U.S. History
AP World History
Economics
Psychology within Society
U.S. History
World Cultures/Geography
World History
World Studies (World History)

Mathematics:

Algebra 1
Algebra 2
Algebra 2-PreCal
AP Calculus
AP Statistics
Calculus
Financial Algebra
Geometry
Intensified Algebra
Pre-Calculus
Statistics

Natural/Physical Science:

Anatomy & Physiology
AP Biology
AP Chemistry
AP Physics
The Living Earth
Chemistry in the Earth Systems
Earth Science
Environmental Science
Forensic Science
Physics in the Universe
ROP AP Environmental Science
ROP Biotechnology

Additional Core Courses:

AP Art History
AP French Language
AP Research
AP Seminar
AP Spanish Language
French 1, 2, 3, 4
Spanish 1, 2, 3, 4
Spanish for Spanish Speakers 1, 2

Please refer to the NCAA eligibility website
for additional information

**WWW.NCAA.ORG/STUDENT-
ATHLETES/FUTURE/ELIGIBILITY-CENTER**

During their sophomore year, student athletes should complete the NCAA online registration at www.eligibilitycenter.org. For ACT and SAT tests use "9999" code, this sends official scores directly to the NCAA Eligibility Center. The NCAA is made up of three classifications that are known as Divisions I, II and III. Each division creates its own rules governing recruiting and eligibility. NCAA customer service phone number is 317-917-6222.

NOTE: APEX Online Courses are not NCAA approved

1. **Minimum GPA raised to 2.30:** The minimum core course GPA for incoming college freshmen has been raised to 2.30.
2. **10 Core Courses by Junior Year:** Ten (10) core courses must be completed before the seventh semester; seven (7) of the 10 must be in English, math or natural/physical science.

Four-Year Plan Samples

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The following is a **SAMPLE** four-year plan meeting the minimum UC and CSU entrance requirements

9th Grade Courses	
Fall Semester	Spring Semester
1) English 9	1) English 9
2) Algebra 1/Geometry	2) Algebra 1/Geometry
3) World Cultures	3) World Cultures
4) The Living Earth	4) The Living Earth
5) Physical Education	5) Physical Education
6) Elective/Visual Arts/World Language 1	6) Elective/Visual Arts/World Language 1
7) Elective	7) Elective
8) Study Hall	

10th Grade Courses	
Fall Semester	Spring Semester
1) English 10 or World Studies	1) English 10 or World Studies
2) Geometry/Algebra 2	2) Geometry/Algebra 2
3) World History or World Studies	3) World History or World Studies
4) Chemistry in the Earth Systems	4) Chemistry in the Earth Systems
5) Physical Education	5) Physical Education
6) Health/Elective	6) Elective
7) Elective/Visual Arts/World Language 2	
8) Elective or Study Hall	

11th Grade Courses	
Fall Semester	Spring Semester
1) English 11 or American Studies	1) English 11 or American Studies
2) U.S. History or American Studies	2) U.S. History or American Studies
3) Algebra 2/Financial Algebra	3) Algebra 2/Financial Algebra
4) World Language 3	4) World Language 3
5) Physics in the Universe	5) Physics in the Universe
6) U.C. or CSU eligible elective	6) U.C. or CSU eligible elective
7) U.C. or CSU eligible elective	7) U.C. or CSU eligible elective
8) Study Hall	

12th Grade Courses	
Fall Semester	Spring Semester
1) English 12	1) English 12
2) Economics	2) American Gov't
3) Math Elective, Pre-Cal, Stats (Upper Level)	3) Math Elective, Pre-Cal, Stats (Upper Level)
4) World Language 4	4) World Language 4
5) Science Elective (Upper Level)	5) Science elective (Upper Level)
6) U.C. or CSU eligible elective	6) U.C. or CSU eligible elective
7) U.C. or CSU eligible elective	7) U.C. or CSU eligible elective
8) Study Hall	

The following is a **SAMPLE** four-year plan meeting the minimum Freedom High School graduation requirements

9th Grade Courses	
Fall Semester	Spring Semester
1) English 9	1) English 9
2) Algebra 1	2) Algebra 1
3) World Cultures	3) World Cultures
4) The Living Earth	4) The Living Earth
5) Physical Education	5) Physical Education
6) Elective	6) Elective
7) Elective	7) Elective
8) Study Hall	

10th Grade Courses	
Fall Semester	Spring Semester
1) English 10 or World Studies	1) English 10 or World Studies
2) Geometry	2) Geometry
3) World History or World Studies	3) World History or World Studies
4) Chemistry in the Earth Systems	4) Chemistry in the Earth Systems
5) Physical Education	5) Physical Education
6) Health	6) Elective
7) Elective	7) Elective
8) Study Hall	

11th Grade Courses	
Fall Semester	Spring Semester
1) English 11 or American Studies	1) English 11 or American Studies
2) U.S. History or American Studies	2) U.S. History or American Studies
3) Algebra 2 or Applied Career Math	3) Algebra 2 or Applied Career Math
4) Visual/Performing Arts or World Language	4) Visual/Performing Arts or World Language
5) Elective	5) Elective
6) Elective	6) Elective
7) Elective	7) Elective
8) Study Hall	

12th Grade Courses	
Fall Semester	Spring Semester
1) English 12	1) English 12
2) Economics	2) American Government
3) Elective	3) Elective
4) Elective	4) Elective
5) Elective	5) Elective
6) Elective	6) Elective
7) Elective	7) Elective
8) Study Hall	

Four-Year Plan Worksheet

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Grade	Required Courses	Student Courses	Grade	Credit	Career Information and Plans
9 70 credits	English 9				Career Goal/Major: Supporting Activities: (9-12)
	Math				
	The Living Earth				
	Physical Education				
	World Cultures & Geo				
	Elective				
	Elective				
	Study Hall				
10 140 credits	English 10				Career Goal/Major: Academy Emphasis: If college bound: Pre-ACT
	Math				
	World History				
	Chemistry in the Earth Systems				
	Physical Education				
	Elective				
	Elective				
	Study Hall/Elective				
11 210 credits	English 11				Career Goal/Major: Academy Emphasis: If college bound: PSAT SAT ACT Subject tests – check with college
	Math/Elective				
	U.S. History				
	Elective (Physics in the Universe)				
	Elective				
	Elective				
	Elective				
	Study Hall/Elective				
12 270 credits	English 12				Career Goal/Major: Academy Emphasis: SAT ACT
	Math/Elective				
	American Gov/Economics				
	Elective				
	Elective				
	Elective				
Post High School Goal:					Total credits to date:

Academic Honors

Honor Roll –

To qualify, a student must receive no current grade below a C and have a **Total GPA** of **3.25** or better

Principal's Honor Roll –

To qualify, a student must receive no current grade below a C and have a **Total GPA** of **3.75** or better

Academic Letter –

Students are awarded an academic letter based on the following criteria:

1. At least four semesters with an **Academic GPA** of **3.75** or better
2. A grade D or F in any course during that semester disqualifies the semester
3. A student must have taken a minimum of five college prep courses per semester. College prep classes are designated with a P.

National Honor Society (NHS) –

Students with a **3.0** or higher **Academic GPA** (as listed on their transcript) are invited to apply for membership in NHS during the spring semester of their sophomore year:

1. **3.25** or higher GPA
2. Completed application and recommendation from any teacher
3. Seniors with four or more semesters of membership receive graduation recognition and may wear an Honor Sash at the ceremony.
4. Active Members may qualify for a scholarship

California Scholarship Federation (CSF) –

Students who qualify are invited to apply for membership in CSF:

1. A score of 10 CSF points based on the rules of the CSF application and list of approved courses
2. A grade of D or F in any course disqualifies the student from membership
3. Membership is by semester (must reapply every semester)
4. Seniors with 4 or more semesters of membership receive Life Membership and Honor Cords for graduation
5. Life Members may qualify for a scholarship





STATE SEAL OF BILITERACY REQUIREMENTS

The California State Seal of Biliteracy is marked by a gold seal affixed to the diploma or transcript and recognizes high school graduates who have achieved a high level of proficiency in one or more language(s) in addition to English.



To earn the California State Seal of Biliteracy the student must:

DEMONSTRATE ENGLISH PROFICIENCY THROUGH ONE OF THE FOLLOWING METHODS:

COURSEWORK:

- ☐ Complete all English language arts requirements for graduation with an overall grade point average (GPA) of 3.0 in those classes.

OR

ASSESSMENT (CHOOSE ONE):

- ☐ **Option 1: State Assessment:** Pass the California Assessment of Student Performance and Progress for English language arts administered in grade 11, at or above the "standard met" achievement level.
- ☐ **Option 2: Advanced Placement (AP) Assessment:** Pass an English AP examination with a score of 3 or higher (AP English Language and Composition, AP English Literature or Composition, or AP Seminar).
- ☐ **Option 3: International Baccalaureate (IB) Assessment:** Pass an English IB examination with a score of 4 or higher.
- ☐ **Option 4: SAT:** Achieve a score of 480 or above on the Evidence-Based Reading and Writing section of the SAT.

Additional English Proficiency Requirement for English Learners Only:

- ❑ In addition to the requirements mentioned above, students who are classified as English learners must attain an oral language composite score of level 4 on the English Language Proficiency Assessments for California (ELPAC).

AND

DEMONSTRATE PROFICIENCY IN ONE OR MORE LANGUAGES, OTHER THAN ENGLISH, THROUGH ONE OF THE FOLLOWING METHODS:

COURSEWORK:

- ❑ Successfully complete a four-year course of study in a world language at the high school or higher level, attaining an overall GPA of 3.0 or higher in that course of study, and demonstrate oral proficiency in the language comparable to that required to pass an AP or IB examination.

OR

ASSESSMENT (CHOOSE ONE):

- ❑ **Option 1: AP:** Pass a world language AP examination with a score of 3 or higher,
- ❑ **Option 2: IB:** Pass an IB examination with a score of 4 or higher,
- ❑ **Option 3: ACTFL:** Pass an ACTFL Writing Proficiency Test (WPT) and Oral Proficiency Interview (OPI) with scores of intermediate mid or higher, or
- ❑ **Option 4: District-Approved Assessment:** Pass a school district language examination that, at a minimum, assesses speaking, reading, and writing in a language other than English at the proficient level or higher.

From California *Education Code* Section 51461.



For more information on the State Seal of Biliteracy, visit the California Department of Education (CDE) State Seal of Biliteracy web page at <https://www.cde.ca.gov/sp/el/er/sealofbiliteracy.asp> or scan the QR code.

Questions about the State Seal of Biliteracy can be directed to the CDE Multilingual Support Division by phone at 916-319-0845 or by email at SEAL@cde.ca.gov.

October 2023

Visual and Performing Arts

P-Beginning Art Course #1506

Level: 9-12
Length: Year (10 credits)
Prerequisite: None
Graduation: Fine Arts requirement or elective credit
College Prep: VAPA (f) requirement

No previous art experience is necessary for this beginning level art class. All projects are based on learning the elements of art (line, shape, form, value, color, space, texture) using a variety of art media. The principles of design are also introduced.

P-Intermediate Art Course #1516

Level: 10-12
Length: Year (10 credits); repeat to 20 credits
Prerequisite: Beg. Art or instructor approval
Graduation: Fine Arts or elective credit
College Prep: VAPA (f) requirement

A standards based class, Intermediate Art expands concepts and skills gained in Beginning Art, which include art techniques and composition building. The student will use a wide variety of materials to create individual artwork. Students will further develop assessments and critiquing to better understand their growth as an artist. Examples of assignments are figure drawing, still life, ceramics, landscape paintings, surrealism and symbolism.

P-Advanced Art Course #1520

Level: 10-12
Length: Year (10 credits); repeat to 20 credits
Prerequisite: A grade of B- or better in Beg. Art, A grade of C in Intermediate Art, or instructor approval
Graduation: Fine Arts requirement or elective credit
College Prep: VAPA (f) requirement

Advanced Art expands student knowledge of harmonious relationships between line, value, color, texture and form gained in Beginning and Intermediate Art. Students use a wide variety of techniques and materials to create artworks. Advanced students will develop their creativity and grow in their technical ability. Students will be exploring what it means to be an artist, developing original ideas and creating an artistic voice. They will focus on understanding their artistic process.

P-Advanced Placement (AP) Studio Art Course #1578

Level: 10-12
Length: Year (10 credits)
Prerequisite: Beg. Art, highly recommended to have taken Int. art or be signed up in advanced art concurrently or instructor approval
Graduation: Fine Arts requirement or elective credit
College Prep: VAPA (f) requirement

AP Studio Art is a college level course that enables students to do college-level work in studio art while still in high school. AP Studio Art is not based on a written examination, but instead candidates submit a portfolio of work for evaluation at the end of the school year. Three sections of the portfolio are: A. Quality – the development of a sense of excellence in art. B. Concentration – a commitment in depth to a particular artistic concern. C. Breadth – a variety of experiences in the formal, technical, and expressive means available to an artist. Students may select to do either a Drawing, 2-D, or 3-D Portfolio. Students may repeat the course for each of the 3 portfolio selections. A mandatory parent meeting is held in the Spring semester.

P-Animation Course #4094

Level: 10-12
Length: Year (10 credits)
Prerequisite: None
Graduation: Fine Arts requirement or elective credit
College Prep: VAPA (f) requirement

This course focuses on traditional and three dimensional and animation techniques. It introduces the principles of 2D animation and 3D modeling. Students learn professional animation production techniques. Mastering these fundamental skills is essential for a career in the digital industry.

P-Advanced Animation Course #4098

Level: 11-12
Length: Year (10 credits)
Prerequisite: Animation
Graduation: Fine Arts requirement or elective credit
College Prep: VAPA (f) requirement

This course will further explore the techniques of traditional, and computer animation techniques to help students build a strong portfolio for college/career goals in the field of animation.

P-Graphic Design 1 Course #1548

Level: 9-12
Length: Year (10 credits)
Prerequisite: None
Graduation: Fine Arts requirement
College Prep: VAPA (f) requirement

This is an introductory course for students interested in pursuing a career in Graphic Design. Students will be introduced to the techniques, vocabulary and history of design as it pertains to print based media. They will build skills in Adobe Photoshop, InDesign and Adobe Illustrator while creating menus, books, posters, logos and illustrations.

P-ROP Graphic Design 2 Course #1549

Level: 10-12
Length: Year (10 credits); repeat to 30 credits
Prerequisite: Graphic Design 1
Graduation: VAPA (f) requirement

This is an advanced level course for students interested in pursuing a career in Graphic Design. Students will further their knowledge of the techniques, vocabulary and history of design as it pertains to print based media.

Publications/Graphic Art (Yearbook) Course #3195

Level: 9-12
Length: Year (10 credits); repeat to 40 credits
Prerequisite: Application process
Graduation: Fine Arts requirement

This course teaches basic production techniques which focus on copy writing, placement, layout design and continuity, photographic processes, advertising, marketing, sales promotion, and how to meet deadlines. Opportunities in photography journalism, computer graphics and graphic design will be provided. The final product is the school yearbook.

P-Advanced Placement (AP) Art History Course #1575

Level: 10-12 (9th grade with instructor approval)
Length: Year (10 credits)
Prerequisite: None
Graduation: Fine Arts requirement or elective credit
College Prep: VAPA (f) requirement

An intensive course for the student interested in studying the effect of art on our world. Students participate in critiques and discussions of masterpieces. A research paper and field trip to a museum or gallery facilitate the students understanding of art as history. Serious students with strong writing skills should be able to pass the advanced placement exam for college credit. Students will be charged a fee for A.P. Testing. A mandatory parent meeting is held in the Spring Semester.

Theatre Production and Stagecraft I Course #6130

Level: 9-12
Length: Year Class
Prerequisite: None
Graduation: Fulfills Fine Arts requirement /elective credit

Theatre Production and Stagecraft I is a one-year course designed for students who desire to learn various facets of non-performance theatre arts: technical and production. The course provides an opportunity for some practical application of the knowledge and skills learned. Students may apply design and technical knowledge to support a school production.

P-Photography I **Course #1593**

Level: 10-12
Length: Year (10 credits);
Prerequisite: None
Graduation: Fine Arts requirement or elective credit
College Prep: VAPA (f) requirement

An introduction to photography that exposes students to a variety of technical skills related to control of cameras, exposure meters, light, film, developers, enlargers, and print papers. Communication skills related to translation of ideas and concepts into effective visual images and communication design concepts are also elements of the course. Students study advanced technologies related to photography.

P-Photography II **Course #1594**

Level: 11-12
Length: Year (10 credits)
Prerequisite: Photography I
Graduation: Fine Arts requirement or elective credit
College Prep: VAPA (f) requirement

Photography II is an advanced photography course. This course will provide students with the opportunity to extend and advance their knowledge and skills in the field of photography. This course will familiarize the student with advanced photographic equipment, materials, methods and processes. It will require the student to produce digital images, using digital cameras, scanners, Photo Shop, InDesign, and other computer technology.

P-Theater Arts I **Course #6104**

Level: 9-12
Length: Year (10 credits)
Prerequisite: None
College Prep: VAPA (f) requirement

Theater Arts I introduce theater as a discipline and art form. Students will study theater history and explore the way in which theater affects and is affected by its societal context. Through theater games and improvisation exercises, students will develop confidence, trust, and voice and movement skills. As they give and receive criticism on performances in and outside of class, students will apply evaluative criteria and appreciate excellence in performance.

P-Theater Arts II **Course #6166**

Level: 9-12
Length: Year (10 credits)
Prerequisite: Theater Arts I or instructor approval
College Prep: VAPA (f) requirement

Theater Arts II is designed for the intermediate student who wants to build upon the skills learned in Theater Arts I. Through play analysis, scene work, and one-act play preparation and performance, students will build believable characters, apply basic technical theater skills, develop directing skills, and work effectively in an ensemble. Students will develop audition material.

Ceramics 1 **Course #1831**

Level: 10-12
Length: Year (10 credits)
Prerequisite: None
Graduation: Elective Credit
College Prep: VAPA (f)

Ceramics introduces the student to a wide variety of concepts, processes (Construction techniques and glaze application), and materials. Concepts cover theory and use of the Elements of Design (shape, line, color, texture, value, and form) and Principals of design (balance, variation, unity, positive negative space, and rhythm.).

P-Theater Arts III **Course #6176**

Level: 10-12
Length: Year (10 credits)
Prerequisite: Theater Arts I and II or instructor approval
College Prep: VAPA (f) requirement

Theater Arts III builds upon the skills learned in Theater Arts I and II. Through participation in in-depth projects, students will apply directing, acting, technical, and dramaturgical skills. During these projects, they will write and adapt scripts. By exploring different theatrical genres, students will evaluate and appreciate a variety of production styles.

P-Acting and Directing Workshop **Course #6190**

Level: 10-12
Length: Year (10 credits)
Prerequisite: Theater 1 and Audition
Graduation: Fine Arts requirement or elective credit
College Prep: VAPA (f) requirement

This is an advanced level course designed to provide instruction and experience for students who wish to bring the proficiency of their theatre skills to an advanced level. Students will participate in a variety of performance experiences. This course will enhance the district community by raising the aesthetic appreciation of the arts and reinforcing the value of the arts to society.

P-ROP The Art of Video Production **Course #6182**

Level: 11-12
Length: Year (10 credits)
Prerequisite: Age 16
Graduation: Fine Arts requirement or elective credit
College Prep: VAPA (f) requirement

Video Production provides students the opportunity to develop basic video production techniques. Students design, shoot, edit, and produce video projects. Students use field and studio equipment to produce professional quality video programs.

P-ROP Advanced Video Production **Course #6185**

Level: 11-12 or age 16
Length: Year (10 credits)
Prerequisite: Video Production or instructor approval
Graduation: Elective credit
College Prep: VAPA (f) requirement

This is an advanced level course using computers and video equipment to plan, shoot, and edit video programs. Emphasis is on advanced level script writing, audio techniques, lighting, camera operation and editing. Computers are used as a creative and organizational tool for the purpose of producing high quality videos. Program styles include documentary, educational, and dramatic video production. Students use field and studio equipment to produce professional quality video programs.

Introduction to Broadcasting and Media **Course #4055**

Level: 9-12
Length: Year (10 credits)
Prerequisite: None
Graduation: Elective Credit

This is an entry-level course covering all aspects of the broadcast and mass media industries. The history of broadcasting and evolution of the technology as well as the techniques used to deliver the broadcast message will be covered. Topics will include: broadcast and no-broadcast television, cable television, radio, sports and movies as an important form of communication. The study of vocabulary, safety, and basic hands-on production skills will be developed and implemented.

Music Appreciation **Course #6060**

Level: 9-12
Length: Semester (5 credits)
Prerequisite: None
Graduation: Fine Arts requirement or elective credit

Music Appreciation is a classroom music course designed to provide students with a source of aesthetic enjoyment through the study of music and its development - past and present. This course will include appreciation for music, dance, theatre, art and how these relate to the western world over the past two centuries. It will examine the effects each has had on the others and how conditions, political and social views and etiquette of the time compare with those of today.

Beginning Guitar **Course #6056**

Level: 9-12
Length: Semester (5 credits); repeat to 10 credits
Prerequisite: None
Graduation: Fine Arts requirement or elective credit

Beginning Guitar introduces students to chords, theory, and accompaniment as well as notation, solos and ensembles. Performances are presented in class several times a quarter. Students must furnish their own equipment.

Instrumental Studies **Course #6050**

Level: 9-12
Length: Semester (5 credits); repeat to 10 credits
Prerequisite: None
Graduation: Fine Arts requirement or elective credit

Introduction to Band Instruments is an instrumental music class designed to introduce students to, and provide students with, a source of aesthetic enjoyment of, and an experience in ensemble playing. A number of extra-curricular performances are required part of this course. Students will need to have their own band instrument.

P-Orchestra **Course #6036**

Level: 9-12
Length: Year (10 credits); repeat to 40 credits
Prerequisite: Instructor approval
Graduation: Fine Arts requirement or elective credit
College Prep: VAPA (f) requirement

Designed primarily (but not solely) for experienced students who play string instruments (i.e. violin, viola, cello, double bass) and/or experienced piano students – **students with no string instrument experience are welcome to join**. Students perform at various concerts, festivals, and occasions as well as the holiday and spring concerts. All performances are mandatory.

P-Concert Band **Course #6016**

Level: 9-12
Length: Year (10 credits); repeat to 40 credits
Prerequisite: Instructor approval
Graduation: Fine Arts requirement
College Prep: VAPA (f) requirement

Concert Band is an intermediate performance band for experienced incoming band freshman and other band musicians. Members of this group will become a Marching Band in the fall as they combine with Symphonic Band members to perform at Freedom football games and local parades. Marching rehearsals will be held on Wednesday evenings from 6-8:30 p.m. Other performances will include holiday and spring concerts and music festival performances. All rehearsals and performances are mandatory.

P-Symphonic Band **Course #6020**

Level: 10-12
Length: Year (10 credits); repeat to 40 credits
Prerequisite: Audition
Graduation: Fine Arts requirement or elective credit

Symphonic Band is an advanced performance band for advanced high school musicians. Members of this group will become a Marching Band in the fall only, as they combine with Concert Band members to perform at FHS football games and local parades. Marching rehearsals will be held on Wednesday evenings from 6-8:30 p.m. Other performances will include holiday and spring concerts as well as performances at other high schools, colleges, and festivals. All rehearsals and performances are mandatory.

P-Jazz Band **Course #6026**

Level: 9-12
Length: Year (10 credits); repeat to 40 credits
Prerequisite: Concurrent enrollment in Orchestra, Symphonic or Concert Band and audition
Graduation: Fine Arts requirement or elective credit
College Prep: VAPA (f) requirement

Jazz Band is an intermediate-to-advanced instrumental music and theory class designed to provide a source of aesthetic enjoyment and instruction in practice and performance in the concepts and techniques of various styles of jazz. Students must be able to play with a high degree of skill and show consistent improvement in their abilities. Emphasis is placed upon improvisation and the accompanying music theory. A number of extra-curricular performances are a required part of this course.

Percussion Ensemble Studies **Course# 6046**

Level: 9-12
Length: Year (10 credits); repeat to 40 credits
Prerequisite: Audition
Graduation: Fine Arts requirement or elective credit
College Prep: VAPA (f) requirement

Percussion studies is designed to focus on the 40 essential rudiments of percussion. Rhythmic theory and percussive techniques will allow for developing skills necessary to perform as a drum unit or ensemble member. Students will audition and perform at concerts with large band ensembles, jazz band and orchestra as needed. Ensemble playing techniques will be stressed in class as well. Students have the opportunity to audition for Varsity and Jr. Varsity drumline. As a member of Varsity drum line, members will march in local parades and play in Pep Band in the fall and spring.

P-A'Cappella Choir **Course #6092**

Level: 10-12
Length: Year (10 credits); repeat to 40 credits
Prerequisite: Audition
Graduation: Fine Arts requirement or elective credit
College Prep: VAPA (f) requirement

A'Cappella Choir is an intermediate choral music class. Students must have had some vocal experience and be able to sing with a medium to high degree of skill. Emphasis will be on intermediate to advanced musicianship, vocal production, and vocal/choral technique. All performances are mandatory.

P-Women's Chorus **Course #6086**

Level: 9-12
Length: Year (10 credits); repeat to 40 credits
Prerequisite: None
Graduation: Fine Arts requirement
College Prep: VAPA (f) requirement

Women's Chorus Women's Ensemble is an intermediate to advanced choral music class. Students must have vocal experience and be able to sing with a medium to high degree of skill. Emphasis will be on intermediate to advanced musicianship, vocal production, and vocal/choral technique. All performances are mandatory.

P-Treble Choir **Course #6142**

Level: 10-12
Length: Year (10 credits); repeat to 40 credits
Prerequisite: Audition
Graduation: Fine Arts requirement or elective credit
College Prep: VAPA (f) requirement

Treble Choir is an intermediate choral music class designed for students with significant vocal/choral experience. Emphasis is on intermediate musicianship, vocal/choral production and vocal/choral technique. Participation in performances of the Treble Choir are mandatory.

P-Men's Chorus **Course #6070**

Level: 9-12

Length: Year (10 credits); repeat to 40 credits
Prerequisite: None
Graduation: Fine Arts
requirement College Prep: VAPA (f)
requirement

Student must be able to match pitch. This will be determined by instructor during the first 2 weeks of the semester. At least one performance is scheduled per semester.

P-Select Singers **Course #6100**

Level: 10-12
Length: Year (10 credits); repeat to 40 credits
Prerequisite: Audition, and concurrent enrollment in at least one other choir (Women's Ensemble, A Cappella Choir, Women's Chorus, or Men's Chorus)
Graduation: Fine Arts requirement or elective
credit College Prep: VAPA (f) requirement

Select Singers Select Select Singers is an advanced choral music class designed for singers displaying a high degree of vocal/choral experience and skill. Emphasis is on more advanced facets of musicianship, vocal/choral production and vocal/choral technique. Participation in performances of the Select Singers is mandatory.

*Students enrolled in this class must be concurrently enrolled in either A Cappella Choir, Women's Ensemble, Women's Chorus, or Men's Chorus

P-Women's Ensemble **Course #6142**

Level: 10-12
Length: Year Class (10 credits); repeat to 30 credits
Prerequisite: One year of Women's Chorus and audition
Graduation: Fine Arts requirement
College Prep: VAPA (f) requirement

Women's Ensemble is an intermediate choral music class designed for women with some vocal experience. Emphasis is on intermediate musicianship, vocal production, and vocal/choral technique. All performances are required. At least one performance is scheduled per semester

Piano I **Course #6058**

Level: 9-12
Length: Year Class (10 credits); repeat to 40 credits
Prerequisite: None
Graduation: Electives Credit

Piano Class 1 is a course designed to teach students with little or no experience in music; performance skills (solo and in an ensemble), rehearsal techniques, how to read and play music on the grand staff theory, concert etiquette, and listening and analyzation. Piano Class 1 serves as a prerequisite to Piano Class II. ***Parent/Guardian and student must sign an Acceptable Use Policy contract prior to students using computers on campus. (Contract is part of the online registration process)***

Piano II **Course #6059**

Level: 9-12
Length: Year Class (10 credits); repeat to 40 credits
Prerequisite: Successful completion of Piano Class I, or teacher approval.
Graduation: Electives Credit

Piano Class II is a course designed to teach students with moderate experience at the piano; performance skills (solo and in an ensemble), rehearsal techniques, how to read and play music on the grand staff, music theory, concert etiquette, and listening and ***Parent/Guardian and student must sign an Acceptable Use Policy contract prior to students using computers on campus. (Contract is part of the online registration process)***

Career Technical Ed.

Game Design using JavaScript Course #2327

Level: 9-12

Length: Year (10 credits)

Prerequisite: None, except interested in computer science, Coding, and programming.

Graduation: Elective credit

College Prep: Elective (g) credit

Game Design teaches the foundations of creating video games in JavaScript. The course utilizes a blended classroom approach. The content is web-based, with students writing and running code in the browser. The teacher will utilize tools and resources to leverage time in the classroom and give focused attention to students. Each unit of the course is broken down into lessons. Lessons consist of video tutorials, short quizzes, example programs to explore, and written programming exercises. Each unit ends with a comprehensive unit test that assesses student's mastery of the material from that unit. The course is highly visual, dynamic, and interactive, making it engaging for new coders.

Mobile App Development Course #2328

Level: 9-12

Length: Year (10 credits)

Prerequisite: None, except interested in computer science, coding programming.

Graduation: Elective credit

This Mobile Apps course is designed to introduce high school students to the highly sought-after world of mobile app development using MIT App Inventor platform. MIT App Inventor is an intuitive, visual programming environment that allows everyone to build fully functional apps for smartphones and tablets both Android and IOS. MIT App Inventor blocks-based tool facilitates the creation of complex, high-impact apps in significantly less time than traditional programming environments. Students will learn how to create scalable, custom, and fast mobile applications.

Exploring Computer Science Course #4077

Level: 9-12

Length: Year (10 credits)

Prerequisite: Basic computer

Graduation: Elective credit

Exploring computer Science is a yearlong course consisting of 6 units. The course was developed around a framework of both computer science content and computational practice. Assignments and instruction are contextualized to be socially relevant and meaningful for diverse students. Units utilize a variety of tools/platforms and culminate with final projects around the following topics; human computer interaction problem solving, web design, programming, computing and data analysis and robotics.

P-AP Computer Science Principles Course #4747

Level: 10-12

Length: Year (10 credits)

Prerequisite: Basic computer

Graduation: Elective credit

College Prep: Elective (g) credit

Computer Science Principles introduces students to the foundational concepts of computer science and challenges them to explore how computing and technology can impact the world. More than a traditional introduction to programming, it is a rigorous, engaging, and approachable course that explores many of the foundational ideas of computing so all students understand how these concepts are transforming the world we live in. Code.org is recognized by the College Board as an endorsed provider of curriculum and professional development for AP® Computer Science Principles. This endorsement affirms that all components of Code.org CS Principles' offerings are aligned to the AP Curriculum Framework standards and the AP CS Principles assessment.

Length: Year Long

Prerequisite: None

Graduation: CTE

College Prep: G Elective

This course combines classroom instruction and practical experience in a Child Development laboratory nursery school, local preschools and/or elementary schools. Students will learn the basic skills for working with children; organizing, planning, and supervision skills; and understand developmental stages of children. Skills learned in this class will be transferable to other types of work, but will focus on jobs in the Child Care and Guidance, Management and Services fields.

P-Multi Craft Core Curriculum Course #4158

Level: 10-12

Length: Year Long

Prerequisite: None

Graduation: CTE

College Prep: G Elective

This course has been developed to integrate skills and concepts from the Building and Construction Trades with applied mathematics and English. As a natural progression, students will apply the craft skills required to design and build a variety of scaled structures that meet current code requirements. In addition, students will make real world connections between construction, math, and English using written projects, construction documents that include creating blueprints, project packets, and student-centered construction projects. This course provides students the opportunity to apply academic knowledge and technical skills through a hands-on curriculum that meets pre-apprenticeship requirements for the National Building Trades Council.

Business and Marketing Course #2296

Level: 10-12

Length: Year (10 credits)

Prerequisite: Business Computer Applications recommended

Graduation: Elective credit

In this business course, students will study the importance of business and marketing in the global economy. Emphasis will be placed on both oral and written communications, problem solving, and critical thinking skills, as they relate to selling, promotion, distribution, pricing, product/service management, and entrepreneurship, finance and career development. Using technology applications, students will work through engaging projects and simulations to learn and apply business concepts and skills.

Business Computer Applications Course #2297

Level: 9-12

Length: Year (10 credits)

Prerequisite: None

Graduation: Elective credit

Business Computer Applications is an introduction to computer applications as it relates to business and home use. The course introduces software topics in Microsoft Windows, Microsoft Office, Internet, World Wide Web, electronic mail, file management, and data communications. Hardware topics include PC system components and troubleshooting issues. Other topics include typing skills, computer-based careers and trends, electronic computing issues, terminology, electronic communication skills, ethics, security, and netiquette in today's business computing environment. Business Computer Applications will provide students with computer knowledge and skills to increase their productivity which will give them a competitive advantage in the job market.

P-Careers with Children

Course #2720

Level: 10-12

P-Child Development **Course #2516**

Level: 10-12
Length: Year (10 credits)
Graduation: Elective credit
College Prep: Elective (g) credit

Child Development is a course which enables students to understand how to work with and care for children as they grow. Students learn how children from prenatal stages through adolescence grow physically, mentally, socially, and emotionally.

P-ROP Careers with Children **Course #2730**

Level: 11-12
Length: Year (double-blocked class 20 credits)
Prerequisite: Must be 16 years or older
Graduation: Elective credit
College Prep: Elective (g) credit

Students explore careers related to education through the study of child development, positive guidance techniques, curriculum development and health and safety. Active class participation is enhanced by fieldwork at school sites under the guidance of a mentor teacher. All students are required to observe and/or participate in a variety of settings in elementary classrooms at the preschool level. Completion of this course with a B or better and 95% positive attendance articulates with LMC Child Development 1 worth 3 units of credit at LMC. This course includes Pediatric First Aid/CPR/AED certification.

ROP Law Enforcement **Course #0061**

Level: 10-12
Length: Year (10 credits)
Prerequisite: None
Graduation: Elective credit

This course introduces students to the field of law enforcement, criminal justice and police science. Students will become familiar with the structure and organization of the criminal justice system and gain knowledge of basic police procedures, regulations and responsibilities. Included is a brief overview of law and penal code, laws of arrest, search and seizure guidelines, patrol and investigation procedures, and emergency response, along with field trips to police stations and courtrooms. Emphasis is placed on developing awareness of citizens' rights and responsibilities, the realities of police work, and the positive role of law enforcement in the community. Law Enforcement prepares students for further training or entry-level positions in the field of law enforcement. Integrated throughout the course are career preparation standards which include basic academic skills, communication, interpersonal skills, problem solving, workplace safety, technology, and employment literacy.

Mock Trials, Moot Courts, and Trial Advocacy **Course #5329**

Level: 10-12
Length: Year (10 credits)
Prerequisite: Law Enforcement
Graduation: Elective credit

This course will familiarize high school students with basic concepts of law, the American justice system and teach them effective trial advocacy techniques. All students will learn about persuasive oral presentation, critical thinking, legal analysis and public speaking as they actively participate in trial and appellate court case studies, mock trials and moot courts. This course will cover: basic concepts of law, courtroom demeanor, direct and cross examination, opening statements, closing arguments, courtroom exhibits, evidentiary trial objections, witness portrayal, the appeals process, and case precedence. Instruction on controversial and current event issues shall be related to curriculum: trial and court processes and case precedence. Instruction will be presented in a balanced manner, addressing all sides of the issue without bias or prejudice and without promoting any particular point of view. Adequate factual information shall be provided to help students objectively analyze and evaluate the issue and draw their own conclusions as they relate to law.

Length: Year (10 credits)
Prerequisite: Must be 16 years or older
Graduation: Elective credit

This class follows the California Firefighter 1 Curriculum and is also articulated with the Essentials of Firefighting 4th Edition Textbook. This class prepares students for future study of fire science, as well as providing them hands-on experience with firefighting equipment.

P-ROP Sports Medicine **Course #5582**

Level: 11-12
Length: Year (10 credits)
Prerequisite: Must be 16 years or older
Graduation: Elective credit
College Prep: Elective (g) requirement

Areas covered in this course are human anatomy, physiology, nutrition, equipment fitting, prevention, evaluation, and treatment of injuries. This course includes CPR certification and first aid. (Internship at sporting events is required.)

ROP Sports Medicine II **Course #5585**

Level: 11-12
Length: Year (10 credits)
Prerequisite: Age 16, ROP Sports Medicine I, Anatomy and Physiology (may be concurrently enrolled)
Graduation: Elective credit

This course provides classroom instruction and practical experience in the field of sports medicine and fitness. Students learn human anatomy, first aid, CPR, taping and wrapping skills, injury prevention, rehabilitation and care, nutrition, and exercise physiology. This prepares students for careers in the field of sports medicine. Students complete five hours per week of classroom instruction, plus an additional five hours per week of internship. Students study advance course work in this area.

P-Athletic Management **Course #5660**

Level: 10-12
Length: Year (10 credits) repeat for credit
Prerequisite: Teacher recommendation
Graduation: Elective Credit
College Prep: Elective (g) requirement

Athletic Management is a course which introduces students to the skills necessary for success in the athletic world. Student will learn steps necessary to run effective athletic programs and events. Course topics include philosophy, legal issues, game management including incorporation of technology such as press releases and webcasting, athletic field management and athletic survey of middle schools, high school, college, and professional programs. Students will participate in a variety of projects throughout the course which will enhance the overall athletic and academic experience of the campus.

Basic Electronics **Course #5197**

Level: 9-12
Length: Semester (5 credits)
Prerequisite: None
Graduation: Elective credit

Students learn the fundamentals of electricity and how it is used and controlled in electronic circuits. Students learn practical skills for solving real-life problems. Students write explanations of component and circuit functions as part of ongoing lab work. For the final project, students construct (solder) a circuit board project and complete a written report explaining how it works.

ROP Fire Science **Course**

#2750 Level: 11-12

Virtual Enterprise **Course #2310**

Level: 11-12
Length: Year (10 credits)
Prerequisite: None
Graduation: Elective credit

In this exciting business course, students will create and operate a virtual business! Under the guidance of a teacher mentor, students will determine the nature of the enterprise, its products, services, and management structure. They will use current business software to conduct business with other students across the United States via the Internet. As business employees, students will receive a virtual salary, which they will use to pay virtual bills. They will also be able to make virtual purchases from other virtual enterprises across the country. In addition, as a part of the Virtual Enterprise program, students will also have the opportunity to work with real business partners, and even travel to some trade fairs where they will compete with other virtual enterprises throughout California. Anyone who wants to try out a possible business career should think about enrolling in the Virtual Enterprise.

Personal Finance **Course #2596**

Level: 9-12
Length: Semester (5 credits)
Prerequisite: None
Graduation: Elective credit

This course introduces students to a way of thinking about personal financial decisions. Students learn to plan and manage their personal finances, achieve a financially successful life, and take responsibility as a citizen. Students think harder and farther about the larger and longer consequences of making financial decisions. Although many of the more practical aspects of personal finance will change over time, due to practices, technologies, customs, and laws, the fundamental awareness of ways to think about solving financial issues can always be useful.

Fashion Design I **Course #1491**

Level: 9-12
Length: Year (10 credits)
Prerequisite: None (Beginning Art Recommended)
Graduation: Elective credit

Fashion Design I is the first course of a two course CTE pathway. This course will focus on the fashion industry. The student will: Learn the aesthetic aspects of design necessary to create sketches, designs, and original fashions. It also studies fashion trends throughout history, from ancient times, to modern-day and includes an understanding of cultural, social, political, and economic influences on fashion design. Students utilize the elements and principles of design to create their own original designs in fashion. Through the use of a variety of fabrics, trims, embellishments and decorations students will express and explore fashion, art and design. Students will analyze the artistic nature of fabric and fashion design, explore the elements of the contemporary fashion movement and create their own interpretations of fashions. Throughout the year, students learn how fashion design is connected to other academic disciplines and the career opportunities that are related to the fashion industry and the world of fashion.

Fashion Design II **Course #1492**

Level: 10-12
Length: Year (10 credits)
Prerequisite: Fashion Design I (Beginning Art Recommended)
Graduation: Elective Credit

This course will continue the student's focus on the fashion industry. Students will explore and demonstrate knowledge in cultural and social influences on the fashion industry. Students will demonstrate their knowledge of the elements and principles of design in both two and three dimensions. They will learn industry terminology. They will become familiar with prominent designers (past and present), recognize the impact of other art forms on the fashion industry, and use academic discipline as part of their learning the industry. Students will create a portfolio of sketches, figures drawings, study the world of textiles, as well as create fashion. Students will be required to research educational and career requirements and opportunities in the field of fashion. Students will explore how technology has impacted niche marketing and look at online (Etsy/e-bay) marketability of personal creations. Students will also explore interior design and how the fashion industry extends beyond the clothes they wear.

English Fundamentals **Course #3270**

Level: 9-12
Length: Year (10 credits)
Prerequisite: Low CST test results may require concurrent enrollment in this course and English 9
Graduation: Elective credit

English Fundamentals is a support class that students must take if they scored Far Below or Below Basic on their 8th grade California Content Standards Test. This class will review the fundamentals of grammar, word analysis, and improve students' reading comprehension.

P-English 9 **Course #3030**

Level: 9
Length: Year (10 credits)
Prerequisite: None
Graduation: Year 1 English requirement
College Prep: Year 1 English (b) requirement

English 9 is a core literature-based language arts course integrating literature, writing, grammar, mechanics, speaking and listening, vocabulary development, reading skills, and study skills.

P-English 10 **Course #3040**

Level: 10
Length: Year (10 credits)
Prerequisite: English 1
Graduation: Year 2 English requirement
College Prep: Year 2 English (b) requirement

English 10 is a core literature-based program integrating literature with writing, grammar, mechanics, speaking and listening, vocabulary development, reading skills, and study skills.

P-English 11 **Course #3050**

Level: 11
Length: Year (10 credits)
Prerequisite: English 2
Graduation: Year 3 English requirement
College Prep: Year 3 English (b) requirement

English 11 is a core literature-based program integrating the study of American literature with writing, speaking and listening, vocabulary development, reading skills, and study skills.

P-English 12 **Course #3060**

Level: 12
Length: Year (10 credits)
Prerequisite: English 3
Graduation: Year 4 English requirement
College Prep: Year 4 English (b) requirement

English 12 is a core literature-based program integrating the study of British literature with grammar, mechanics, speaking and listening, vocabulary development, reading skills, and study skills.

P-World Studies Program **Course #1428**

Level: 10
Length: Year (double-blocked class 20 credits)
Prerequisite: English 1
Graduation: Year 2 English and World Hist requirement
College Prep: Year 2 English (b) and World Hist (a) requirement

World Studies integrates English 2 and World History, and is designed to explore world culture and the major turning points in world history to make connections between real life history and American literature. The course will review the rise of democracy through nation building of modern day.

P-American Studies Program **Course #1438**

Level: 11
Length: Year (double-blocked class 20 credits)

Prerequisite: English 2
Graduation: Year 3 English and US History requirement
College Prep: Year 3 English (b) and US History (a) requirement
American Studies integrates English 3 and U.S. History, and is designed to explore American culture and the major turning points in U.S. history to make connections between real life American History and American literature. The course will review the rise of democracy and the industrial and technological transformations.

P-Adv. Placement (AP) Lang. and Composition **Course #3085**

Level: 11-12
Length: Year (10 credits)
Prerequisite: English 2
Graduation: Year 3 English requirement
College Prep: Year 3 English (b) requirement

Advanced Placement Language and Composition is equivalent to a college or university Freshman Composition course and prepares students to take the Advanced Placement Language and Composition exam. Students will become skilled readers and analyzers of literary prose written from a variety of time periods. As a result of such analysis, students will become skilled writers who will be able to produce compositions for a variety of purposes. Through their writing and reading assignments, students learn the purpose and influence of literary prose.

P-Adv. Placement (AP) Literature and Composition **Course #3120**

Level: 12
Length: Year (10 credits)
Prerequisite: English 3
Graduation: Year 4 English requirement
College Prep: Year 4 English (b) requirement

Advanced Placement Literature and Composition is equivalent to a college or university Freshman Literary Survey course and prepares students to take the Advanced Placement Literature and Composition exam.

P-Science Fiction Literature **Course #3205**

Level: 12
Length: Year (10 credits)
Prerequisite: English 1, 2 and English 3
Graduation: Year 4 English requirement
College Prep: Year 4 English (b) requirement

Science Fiction will focus on the reading, analysis, interpretation, and evaluation of science fiction literature in conjunction with current technological and scientific issues and with science fiction film. The class stimulates student interest in technology, fantasy, global thinking, and the future. This English elective provides access to alternative literature.

P-Creative Writing **Course #3170**

Level: 10-12
Length: Year (10 credits)
Prerequisite: English 1
Graduation: Elective credit
College Prep: Elective (g) requirement

Creative Writing is structured to build upon skills introduced in previous English courses. Focus is on the study of advanced composition, fiction, non-fiction, storytelling, poetry, and speech. The major project will be to produce a student literary magazine.

P-Literary Analysis through Film **Course #3184**

Level: 10-12
Length: Year (10 credits)
Prerequisite: English 1
Graduation: Elective credit
College Prep: Elective (g) requirement

Literary Analysis through Film is an academic elective for English Language

Arts designed to introduce students to analyzing elements of literature using film as a text. By using film as a text, the course sets a foundation and enhances student comprehension, analysis, criticism and appreciation of non-fiction, fiction, drama and basic cinematic techniques.

employ the element engage in discussions and write their own poetry. Students share poetry in formal and informal readings and critique and analyze their own as well as their classmates writing.

P-English Language Development (ELD) 3 Course #3162

Level: 9-12
Length: Year (double-blocked class 10 credits)
Prerequisite: CELDT score 3 or Edge
Placement Graduation: 10 credits English and 10 credits elective College Prep:
requirement English (b)

English Language Development 3 is a course designated for English Learners who score a 3 on the CELDT test. ELD 3 will advance a student's oral, listening, reading and writing skills and enhance their academic vocabulary. The goal is to prepare English Learners for mainstream academic curriculum.

P-Speech and Debate Course #3202

Level: 10-12
Length: Year (10 credits)
Prerequisite: English 1, 2.5 GPA, or instructor approval
Graduation: Elective credit
College Prep: Elective (g) requirement

Speech and Debate is a one-year course in oral communication with emphasis on public speaking. Research, writing, and oral techniques needed to develop effective oral presentations, debates, and oral interpretation intersperse the course.

P-Journalism Course #3190

Level: 10-12
Length: Year (10 credits); may be repeated for credit
Prerequisite: English 1 or instructor approval
Graduation: Elective credit
College Prep: Elective (g) requirement

Journalism introduces journalistic writing, non-fiction literature, and newspaper production, including news gathering, layout, advertising, and business management. The course focuses on the theoretical basis for scholastic freedom of press, the responsibilities of high school journalists, exclusion of First Amendment freedoms, and journalistic ethics.

P-Peace & Conflict Studies Course #3186

Level: 10-12
Length: Year (10 credits)
Prerequisite: English 1 and World Cultures or World History
Graduation: Elective credit
College Prep: Elective (g) requirement

Peace & Conflict Studies explores the world of violent and nonviolent solutions. Through readings of prominent authors, students will learn the skills of negotiation and conflict resolution. Students learn to view global human rights as a part of their own cause, not something distinct from their personal life experience. Students learn why we need to end intolerance, racism, and violence in society. Topics like human rights, the environment, structural violence, justice, power, empathy, compassion, respect, tolerance, and freedom are covered.

Poetry Course #3178

Level: 10-12
Length: Year (10 credits)
Prerequisite: Successful completion of prior English class
Graduation: Elective Credit

Students explore the world of poetry, learning through a balance of formal study and creative writing, develop an appreciation for poetry and gain valuable experience in critiquing and analyzing literature. After learning a new element, student analyze published examples that

World Languages

P-French 1 Course #3510

Level: 9-12
Length: Year (10 credits)
Prerequisite: None

Graduation: Fine Arts/World Language requirement
College Prep: 1 year World Lang. (e) requirement
 French 1 is a college-preparatory course that introduces students to the French language and culture. The course emphasizes basic communication skills, vocabulary building, reading and writing. A beginning pen pal program and active cultural experiences are included if possible. Students are able to relate to French teenagers' life through different media. French Internet sites are explored, and French is spoken a great deal of the time.

P-French 2 **Course #3520**

Level: 9-12
Length: Year (10 credits)
Prerequisite: French 1 or teacher recommendation
Graduation: Fine Arts/World Language requirement
College Prep: 1 year World Lang. (e) requirement
 Students will continue to communicate more fully in oral and written French. Students are able to expand their communication skills through interviews, oral presentations and an e-mail correspondence with French classes in the France is possible. They also plan and write (in French) an itinerary for a trip to Paris. A grade C or better in previous French class will assure greater success in this class. Student speak French most of the time.

P-French 3 **Course #3530**

Level: 10-12
Length: Year (10 credits)
Prerequisite: French 2 or teacher recommendation
Graduation: Fine Arts/World Language requirement
College Prep: 1 year World Lang. (e) requirement
 French 3 challenges students to speak, read and write at more advanced levels. Students "visit" French-speaking areas such as Africa, Canada, France, Switzerland, and Tahiti. They read about and discuss the culture and literature of these areas through various sources including the Internet. They write a journal and complete individual and group multimedia projects. Various contemporary folk and fairy tales are also part of the course of study. Students are encouraged to speak and write with greater fluency and detail. French is spoken most of the time in class.

P-French 4 **Course #3540**

Level: 10-12
Length: Year (10 credits)
Prerequisite: French 3 or teacher recommendation
Graduation: Fine Arts/World Language requirement
College Prep: 1 year World Lang. (e) requirement
 French 4 challenges students to speak, read and write at an advanced level and to learn more complex grammatical construction. Students read short stories, plays and other French literature and write short compositions to gain language ability and literary understanding. Instruction only is almost exclusively in French with minimal clarification in English. Students complete individual and group projects using multimedia technology and continue learning about French culture, geography and history from various sources. A grade of C or better in previous French class will assure greater success in this class.

P-Spanish 1 **Course**

#3610 Level: 9-12
Length: Year (10 credits)
Prerequisite: None
Graduation: Fine Arts/World Language requirement
College Prep: 1 year World Lang. (e) requirement

Spanish 1 is an introduction to Spanish emphasizing basic vocabulary, grammar and sentence structure. Learning the basics of speaking and writing in Spanish could be integral to securing a better job in the future. It can also make travel in Spanish-speaking countries more enjoyable.

P-Spanish 2 **Course**

#3620 Level: 9-12

Length: Year (10 credits)
Prerequisite: Spanish 1, or Spanish 1 in 8th grade or Spanish for Spanish Speakers I or instructor approval

Graduation: Fine Arts/World Language requirement
College Prep: 1 year World Lang. (e) requirement

Spanish 2 students continue to practice speaking, reading, and writing in Spanish. They learn some practical conversational skills as well as learn about some countries and cultures where Spanish is spoken. Students may be asked to keep journals with short entries and incorporate what they have learned into short essays. A grade C or better in previous Spanish class will assure greater success in this class

P-Spanish 3 **Course #3630**

Level: 10-12
Length: Year (10 credits)
Prerequisite: Spanish 2 or Spanish for Spanish Speakers II or instructor approval

Graduation: Fine Arts/World Language requirement
College Prep: 1 year World Lang. (e) requirement

Students are challenged to read, write, and speak at more advanced levels. They read short stories and excerpts from Hispanic literature. They also write original compositions and conversations in Spanish, which may include informal productions of skits or the keeping of a journal. Hispanic culture is also interwoven into the course for greater cross-cultural understanding. Some new grammar is introduced and previously learned grammar is strongly reinforced. A grade C or better in previous Spanish class will assure greater success in this class.

P-Spanish 4 **Course #3640**

Level: 10-12
Length: Year (10 credits)
Prerequisite: Spanish 3 or Spanish for Spanish Speakers II or instructor approval

Graduation: Fine Arts/World Language requirement
College Prep: 1 year World Lang. (e) requirement

Spanish 4 will continue expanding students' ability to communicate in Spanish. Students will continue increasing their vocabulary and reading and writing skills. They will also continue to learn more about the culture of the countries where Spanish is spoken.

P-Advanced Placement (AP) Spanish Language **Course #3642**

Level: 9 – 12
Length: Year (10 credits)
Graduation: Fine Arts/World Language requirement
College Prep: 1 year World Lang. (e) requirement

This college-level course emphasizes Spanish for active communication, covering oral skills, reading comprehension, grammar, and composition. It develops useful language skills that can be applied to various activities and disciplines. It focuses on: comprehension of formal and informal spoken Spanish; acquisition of vocabulary; accurate reading of newspapers, magazines, and modern Spanish literature, composition of expository passages, and expression of ideas orally with accuracy and fluency. It provides extensive training in the organization and writing of compositions. A mandatory parent meeting is held Spring Semester.

P-Spanish for Spanish Speakers I **Course #3670**

Level: 9-12
Length: Year Class (10 credits)
Prerequisite: Native Spanish speaker
Graduation: World Language requirement
College Prep: 1 year World Lang. (e) requirement

This course is designed for fluent speakers in basic Spanish who need further development of academic Spanish. It emphasizes vocabulary development, listening comprehension, grammar, reading and writing skills. Students will be expected to read and analyze simple literature.

Students continue to develop their skills in reading, writing, and speaking including writing an autobiography. Students study a variety of Hispanic literature (i.e. short stories, oral history, poetry and drama).

P-Spanish for Spanish Speakers II **Course #3676**

Level: 9-12
Length: Year (10 credits)
Prerequisite: Native Spanish speaker. or complete
Spanish for Spanish Speakers I course
Graduation: World Language requirement
College Prep: 1 year World Lang. (e) requirement

This course is a continuation course of Spanish for Spanish Speakers I.

Mathematics

P-Algebra 1 **Course #4630**

Level: 9-12
Length: Year (10 credits)
Prerequisite: Placement based on LUHSD criteria
Graduation: Algebra 1 requirement
College Prep: Math (c) requirement

Algebra 1 is a college preparatory, standards based math course built around problems designed to teach concepts, short writing assignments, and routine review necessary to retain skills. It is the goal of this course to empower students to use mathematics as a problem-solving tool and to demonstrate the importance of mathematics in their futures. A grade C or better in previous math class will assure greater success in this class.

P-Geometry **Course #4670**

Level: 9-12
Length: Year (10 credits)
Prerequisite: Algebra 1 or Intensified Algebra
Graduation: Geometry requirement
College Prep: Math (c) requirement

Geometry is a college preparatory, standards based math course built to not only increase student's understanding of geometry, but to also act as an important transition from basic Algebra 1 to Algebra 2. A grade C or better in previous math class will assure greater success in this class.

Geometry Support **Course #4501**

Level: 9-12
Length: Year (10 credits)
Prerequisite: Teacher Recommendation
Graduation: Elective requirement

Geometry Support is an elective course designed for students currently enrolled in Geometry who need additional support.

P-Algebra 2 **Course #4690**

Level: 9-12
Length: Year (10 credits)
Prerequisite: Algebra 1 or Intensified Algebra and Geometry
Graduation: 1 year Math requirement
College Prep: Math (c) requirement

Algebra 2 is a second year course in algebra that reviews and broadens algebraic concepts introduced in Algebra 1 and Geometry. It meets university requirements and includes linear and quadratic equations, graphing, progression, real and complex number systems, relations and functions (exponential, logarithmic, and polynomial). A grade C or better in previous math classes will assure greater success in this class.

P-Pre-Calculus **Course #4710**

Level: 10-12
Length: Year (10 credits)
Prerequisite: Algebra 2 grade C or better
Graduation: 1 year Math requirement
College Prep: Math (c) requirement

Pre-Calculus is a course that includes a semester of trigonometry, and a semester of math analysis. Studies of functions, logarithms, analytical geometry, mathematical inductions, and limits prepare students for Calculus. Students enrolled in this class are encouraged to own a graphing or scientific calculator. A grade C or better in previous math classes will assure greater success in this class.

P-Advanced Placement (AP) Calculus A/B **Course #4720**

Level: 10-12
Length: Year Class (10 credits)
Prerequisite: Pre-Calculus grade C or better
Graduation: 1 year Math requirement
College Prep: Math (c) requirement

Calculus A/B is a college level course that is designed for the motivated math student who will likely pursue a career in a math-related field. Calculus extends the study of limits, functions and derivatives, considers applications of the derivative, including velocity and optimization, studies of integration including exponential functions, and applications of the definite integral, including volumes of solids of revolution and areas of surfaces of revolution. The course prepares students to take the Advanced Placement examination. A mandatory parent meeting in the spring prior to the course will be scheduled. Students may choose to take Calculus without the AP distinction. A grade C or better in previous math classes will assure greater success in this class.

P-AP Calculus BC **Course #4725**

Level: 11-12

Length: Year (10 credits)
Prerequisite: Placement based on LUHSD criteria
Graduation: Algebra 1 requirement
College Prep: Math (c) requirement

AP Calculus (BC) is a year-long advanced placement course designed for the motivated math student who is likely to pursue a career in a math-related field. This course completes preparation for the Advanced Placement BC-level examination. Most universities accept a score of 3, 4 or 5 on the exam for credit for two semesters of college Calculus. AP Calculus (BC) includes the study of derivatives and integrals; considers applications of derivatives and integrals in the real world, and studies methods of integration, differential equations including logistical, limits and continuity, graphing, mathematical modeling, the analysis and derivatives of planar curves including those given in parametric, polar, and vector forms, L'Hopital's Rule, Euler's method, improper integrals, antiderivatives by substitution of variables, parts, and simple partial fractions, polynomial approximations and series including the Taylor and Maclaurin series, and the use of technology to solve problems relating to the above-mentioned topics.

P-Statistics **Course #4740**

Level: 11-12
Length: Year (10 credits)
Prerequisite: Algebra 2
Graduation: 1 year Math requirement or elective credit
College Prep: Math (c) requirement

Statistics is a college prep course designed for juniors and seniors who have completed Algebra 2 and would like to learn how to collect, analyze, and interpret data correctly. The basic structure of the class will involve group work and projects such as surveys, and analysis of the lottery, gambling probabilities, and business and marketing applications. Students enrolled in this class are encouraged to own a graphing calculator or one that does statistical calculations. A grade C or better in previous math classes will assure greater success.

P-AP Statistics **Course #4750**

Level: 11-12
Length: Year (10 credits)
Prerequisite: Algebra 2
Graduation: 1 year Math requirement or elective credit
College Prep: Math ("c") requirement. Student will receive an extra grade point bonus for grades A-C

AP Statistics is designed for college bound students who have completed Algebra II. This course is intended to explain the uses of statistics and its role in processing information contained in reports, scientific journals, political coverage, and even the daily newspaper. Students will be encouraged to use technology to relieve the drudgery of formula crunching, and instead students will spend more time selecting a proper model, describing and interpreting data, and displaying the results. Course scope and sequence will prepare students for the AP exam in May. A grade C or better in previous math classes will assure greater success in this class.

Applied Career Mathematics **Course #4605**

Level: 11-12
Length: Year (10 credits)
Prerequisite: Algebra 1 or Intensified Algebra; Geometry 1
Graduation: 1 year Math requirement

Applied Career Math is a course that integrates hands-on laboratory activities, cooperative learning opportunities and video programs with text materials that teach important math concepts by emphasizing problem-solving and decision-making through workplace applications. The students will investigate, construct and apply algebra, geometry, statistics and probability skills through contextual hands-on learning. This course uses the fundamental tools of basic arithmetic to solve every day business problems.

P-Financial Algebra **Course #4643**

Level: 10-12
Length: Year (10 credits)
Prerequisite: Algebra 1

Graduation: 1 year Math requirement
College Prep: Math C requirement

Financial Algebra is a mathematical modeling course that is algebra-based, applications-oriented, and technology-dependent. The course addresses college preparatory mathematics topics from Advanced Algebra, Statistics, Probability, Pre-Calculus, and Calculus under seven financial umbrellas: Banking, Investing, Credit, Employment and Income Taxes, Automobile Ownership, Independent Living, and Retirement Planning and Household Budgeting. It provides students a motivating, young-adult centered financial context for understanding and applying the mathematics they are guaranteed to use in the future, and is thusly aligned with the recommendations of the Common Core State Standards.

and other higher-level math courses. This course compacts the common core algebra 2 standards with the common core (+) pre-calculus standards. Function concepts covered includes polynomial, rational, exponential, logarithmic, and trigonometric functions along with transformation of functions using a parent function. Additional content covered includes conics, analytic trigonometry, complex number theory (DeMoivre's Theorem), introduction to vector theory, matrices and determinants, sequences, series, binomial theorem, counting principles, probability, and statistics. Finally, the course assignments will emphasize use of the "Eight Mathematical Practices". Students will make sense of problem situations, solve higher order thinking problems, derive key theorems, use technology where appropriate, work in groups to develop teamwork skills, and demonstrate procedural fluency in their responses.

P-Algebra II – Pre-calculus **Course**

#4702 Level: 10-12

Length: Year Class (10 credits)

Prerequisite: Successful completion of Algebra I &

Geometry Graduation: 1 year Math requirement

College Prep: Math © requirement

Upon completion of this course, students are prepared to take AP Calculus

Physical Education

9th Grade Core Physical Education **Course #5750**

Level: 9
Length: Year (10 credits)
Prerequisite: None
Graduation: 9th grade Physical Education requirement

Physical Education is required in Grade 9. All Freshman Physical Education students take the California Physical Performance and Health Related Test during the third quarter. Some other things covered are: orientation, physical fitness, field games, weight training, plyometrics, wrestling, aquatics, various team sports, steroid and nutrition education. Students must complete the required standards and benchmarks (9th grade core Physical Education).

10th Grade Core Physical Education **Course #5760**

Level: 10
Length: Year (10 credits) can be repeated
Prerequisite: 9th Grade Core Physical Education
Graduation: 10th grade Physical Education requirement

The tenth grade program builds on the basic foundation of the ninth grade core program. Students must complete the required standards and benchmarks for the 10th grade core P.E. program.

Advanced Athletic Skills **Course #5662**

Level: 10-12
Length: Semester (5 credits)
Prerequisite: PE 9; teacher recommendation
Graduation: Elective credit

Advanced Athletic Skills course will focus on the in and out-of-season physical training for the student athlete and is designed to help improve performance and minimize the potential for injury. Training will include progressive plyometric techniques, agility drills, flexibility exercises and core strengthening techniques. Health and nutritional issues specific to the student athlete will also be addressed.

Baseball/Softball Tactics **Course #5668**

Level: 10-12
Length: Semester (5 credits); repeat for credit
Prerequisite: None
Graduation: Elective credit (Does not replace core PE classes)

Students will learn proper technique and tactics for baseball/softball, including conditioning, weight training, defensive, offensive, base running and hitting skills.

Basketball Techniques and Tactics **Course #5674**

Level: 10-12
Length: Semester (5 credits); repeat for credit
Prerequisite: PE 9; teacher recommendation
Graduation: Elective credit

Basketball Techniques and Tactics is a designed physical education elective focusing on basketball. Throughout the semester, students will learn and practice the game of basketball with the goal of learning lifelong athletic skills through basketball participation. In addition, students will learn the history of basketball to increase knowledge base.

Bowling Fundamentals **Course #5670**

Level: 11-12
Length: Semester (5 credits)
Prerequisite: PE 9 and PE 10; transportation waiver; and teacher recommendation
Graduation: Elective credit

Bowling Fundamentals will be an introduction to the discipline of Physical Education through the sport of bowling. The course will include a historical examination, styles of play and strategies of the sport. Students will strive to develop basic skills including approach, types of deliveries, strategy, etiquette, and league play associated with the sport of bowling. Adaptations related to gender, age and physical conditioning will be addressed.

Sculpt and Tone/Fitness in Motion **Course #5794**

Level: 10-12
Length: Semester (5 credits); repeat for credit
Prerequisite: PE 9 and PE 10
Graduation: Elective credit

Students will be able to participate in aerobics, Tae Bo, yoga, walking, running and body shaping. Students will focus on setting personal fitness goals by tracking progress through a personal portfolio.

Team Sports **Course #5790**

Level: 10-12
Length: Semester (5 credits); repeat for credit
Prerequisite: PE 9 and PE 10
Graduation: Elective credit

Students in team sports develop skills to play volleyball, football, softball, ultimate Frisbee, soccer and basketball.

Walking for Fitness **Course #5676**

Level: 10-12
Length: Semester (5 credits); repeat for credit
Prerequisite: PE 9 and teacher recommendation
Graduation: Elective credit

This is a low-impact cardiovascular fitness class designed to improve overall fitness, promote weight management, improve nutritional habits, and explore the benefits of walking as an aerobic activity.

Strength and Fitness **Course #5792**

Level: 10-12
Length: Semester (5 credits); repeat for credit
Prerequisite: PE 9 and PE 10
Graduation: Elective credit

Students focus on toning and building muscle through weight training, fitness, and speed development.

Yoga plus **Course #6007**

Level: 10-12
Length: Semester (5 credits)
Prerequisite: None
Graduation: Elective credit

The YOGA portion of this course will focus on the basics of yoga, breath work and stress management. Yoga styles will include Bikram, Vinyasa Flow and Hatha. Non-religious yoga philosophy and yoga history will be introduced. The PLUS portion of this class will include visual and performance art explorations that emphasized health and wellbeing. Students will need a yoga mat and loose non-constrictive, non-revealing clothing.



Science

P-The Living Earth **Course #5020**

Level: 9-12
Length: Year (10 credits)
Prerequisite: None
Graduation: Life Science requirement
College Prep: Life Science lab (d) requirement

The Living Earth course, based on the Next Generation Science Standards, explores relationships between the living and nonliving components of Earth's systems. By using science and engineering practices, cross-cutting disciplinary concepts, and evidence from experiments, research, and observations, students will learn how to formulate questions, evaluate claims, and develop models to make interpretations and investigate the natural world. Topics will include: Ecosystems Interactions and Energy, History of Earth's Atmosphere: Photosynthesis and Respiration, Evidence of Evolution, Inheritance of traits, Structure, Function, and Growth (from cells to organisms) and Ecosystem Stability and the Response to Climate Change. The Living Earth course is replacing the Biology course and is required for graduation.

P-Advanced Placement (AP) Biology **Course #5010**

Level: 11-12
Length: Year (10 credits) Student will receive an extra grade point bonus A = 5 on a 4 point scale
Prerequisite: Successful completion of Biology/Living Earth or Anatomy/Physiology
Graduation: Fulfills 1 year of the 2 year science requirement
College Prep: Life Science lab (d) requirement

AP Biology is a college level course designed for the advanced science student who is likely to pursue a career in a science-related field. This course is the equivalent of a college introductory biology course and completes preparation for the Advanced Placement Biology examination. The three general areas covered in this course are Molecules and Cells, Heredity and Evolution, and Organisms and Populations. AP Biology expands on knowledge that the students have gained in their previous science courses. This course includes extensive use of modern biological research technology. A mandatory parent meeting is held in the Spring Semester.

P- Biotechnology **Course #5041**

Level: 11-12
Length: Year (10 credits)
Prerequisite: Completion of one year of Chemistry
Graduation: Elective credit
College Prep: Life Science lab (d) requirement

The ROP biotechnology course is designed to prepare and interest students in basic laboratory techniques and introduce them to concepts and beginning competency in the field of bioscience. The bioscience industry includes agricultural biotechnology and pharmaceutical companies, as well as clinical and research laboratories in hospitals, universities, government, and independent settings. The course is divided into four parts. Each part will build on and interact with the others. Students will learn how to document and record their work in a research notebook. Students will begin to use and analyze research publications and popular scientific literature (printed materials and Internet search). This course will give students a head start in post-secondary microbiology, genetics molecular biology, biochemistry, and immunology courses.

P-Anatomy & Physiology **Course #5060**

Level: 11-12
Length: Year (10 credits)
Prerequisite: Biology/Living Earth; Chemistry in the Earth Systems recommended
Graduation: Life Science requirement
College Prep: Life Science lab (d) requirement
Articulation:

Anatomy & Physiology is a one-year lab-oriented course, which is devoted to the study of the human body systems. Each system is discussed in relationship to its structure and function. Physical and mental health are given major consideration with respect to body functions, and all systems are demonstrated to interrelate in the total functioning of the human body.

P- Zoology **Course #5080**

Level: 10-12
Length: Year (10 credits)
Prerequisite: Biology/The Living Earth
Graduation: Elective credit
College Prep: Life Science D

Zoology is a one-semester course designed to provide students with a general understanding of the animal kingdom, including the following: sponges & coelenterates; flatworms, rotifers, and roundworms; mollusks; segmented worms; arthropods; insects and echinoderms; fishes, amphibians; reptiles; birds; and mammals.

P-Marine Biology **Course #5077**

Level: 9-12
Length: Year (10 credits)
Prerequisite: None
Graduation: Life Science requirement
College Prep: Life Science lab (d) requirement

Marine Biology is a one-semester course designed to diversify students understanding of their biological and physical surroundings. This inquiry-based class will further students' knowledge of Earth's underwater physical features and deepen their understanding of marine life and their interactions between each other and human beings. Students will learn skills which will help them in any scientific career including; the use of technology, research, laboratory work, and mathematical analysis.

P-Environmental Science **Course #5090**

Level: 11-12
Length: Year (10 credits)
Prerequisite: Algebra and Biology/The Living Earth
Graduation: Fulfills Physical Science Lab requirement
College Prep: Fulfills UC/CSU Physical Science lab (d) requirement

How are humans affecting the planet? What can we do to improve our chances of survival? Environmental Science investigates the cause and effect relationships of environmental issues both in our local community and on a global scale. Topics range from an understanding of ecosystems, dynamic interaction of air, water, atmosphere and climate, food, biodiversity, energy, waste, and population growth. The central focus is on responsible growth and use of resources for a sustainable future. This course would potentially prepare students for AP Environmental Science.

P-ROP AP Environmental Science **Course #5091**

Level: 11-12

Length: Year (10 credits)
Prerequisite: Algebra and Biology/The Living Earth, recommend Chemistry in the Earth Systems
Graduation: Fulfills Physical Science Lab
College Prep: Fulfills UC/CSU Physical Science lab (d) requirement

ROP AP Environmental Science is a college level course designed for the advanced science student who is likely to pursue a career in a science-related field. The ROP program requires additional instruction and research about a wide array of careers relating to Environmental Science. The goal of the AP Environmental Science course is to provide students with the scientific principles, concepts, and methodologies required to understand the interrelationships of the natural world, to identify and analyze environmental problems both natural and human-made, to evaluate the relative risks associated with these problems, and to examine alternative solutions for resolving and/or preventing them.

This course prepares students to take the Advanced Placement examination. A mandatory parent meeting is held in the Spring Semester.

P-Chemistry in the Earth Systems **Course #5140**

Level: 10-12
Length: Year (10 credits)
Prerequisite: Algebra I, The Living Earth
Graduation: Physical Science requirement
College Prep: Phys. Science lab (d) requirement

Chemistry in the Earth System is a year-long course designed to incorporate phenomena-based learning with real-world applications. It integrates the concepts of Chemistry and Earth science linking cross-cutting concepts to make them more relevant to the students. The course is aligned with the Next Generation Science Standards (NGSS) that have been adopted by our state. The course encompasses the following major areas in a storyline format: Combustion, Heat and Energy in the Earth System, Atoms, Elements, and Molecules, Chemical Reactions, Chemistry of Climate Change, and the Dynamics of Chemical Reactions and Ocean Acidification. The laboratory portion of the course will correlate with the instructional units rounding out the course

P-Advanced Placement (AP) Chemistry **Course #5160**

Level: 11-12
Length: Year (10 credits)
Prerequisite: Chemistry and Algebra 2
Graduation: Physical Science requirement
College Prep: Phys. Science lab (d) requirement

AP Chemistry is a rigorous college level Chemistry course designed to prepare students to take and pass the AP Chemistry exam. The class emphasizes concepts of chemistry, mathematical problem-solving skills applied to chemistry problems, critical thinking skills utilized in class and in written assignments, and hands-on experiences. Laboratory activities are a major part of this class. A mandatory parent meeting will be held in the Spring Semester.

Search for Extraterrestrial Life (SETL) **Course #5005**

Level: 11-12
Length: Year (10 credits)
Prerequisite: Biology/The Living Earth, Geometry
Graduation: Elective credit

Where in the solar system would you go to find alien life? Once you've identified a location, how would you determine that life existed there? The goal of this course is to utilize a team-based, collaborative framework to develop a spacecraft that would be capable of traveling to a non-earth solar system body to test for the presence of life. Students will apply their knowledge of biology, earth science, engineering, design and mathematics to achieve this goal in an interactive environment. This course was developed in partnership with the Patriots Jet Team Foundation.

P-Forensic Science **Course #5125**

Level: 11-12
Length: Year (10 credits)
Prerequisite: Biology/The Living Earth and Chemistry in the Earth Systems

Graduation: Elective credit
College Prep: Elective (g) requirement

Forensic science is a broad survey of the scientific skills, disciplines and training used by forensic specialist in law enforcement, business and industry.

P-Physics in the Universe **Course #5165**

Level: 10-12
Length: Year (10 credits)
Prerequisite: Geometry (Algebra 2 preferred)
Graduation: Physical Science requirement
College Prep: Phys. Science lab (d) requirement

The sequence of this course is based on a specific storyline about renewable energy and climate change. Both physical science and earth science emphasize how discoveries in their discipline influence society, but the two differ in which aspects of society they focus upon. Physical science emphasizes society's use of technology while Earth and space science emphasize humanity's impact on natural systems and the other way around, which included California's Environmental Principles and Concepts. Students will explore phenomena such as humanitarian food drops, thunderstorms & weather, geothermal vents, electricity production, earthquakes, and a teacher-chosen phenomenon dealing with the electromagnetic spectrum.

P-Advanced Placement (AP) Physics 1 **Course #5185**

Level: 10-12
Length: Year (10 credits)
Prerequisite: Physics and concurrent enrollment in Pre-Calc recommended or teacher recommendation for concurrent enrollment in Algebra 2
Graduation: Physical Science requirement
College Prep: Phys. Science lab (d) requirement

Advanced Placement Physics is a traditional college-level introductory course that provides a systematic understanding of the fundamental principles of physical phenomenon that governs chemical, biological, terrestrial and astronomical processes. The course provides a foundation for the intensive studies of most of the other sciences and for an understanding of many technological applications of sciences. Major areas of content include Newtonian mechanics, work and energy, wave motion, light and optics, electricity and magnetism, heat and thermodynamics, fluid mechanics, and atomic and nuclear physics. Science attitudes, thinking processes, and skills in applications of science technology to social problems and personal decision-making are emphasized. The course qualifies as a laboratory science in meeting UC entrance requirements. This course is an elective, but may be used to fulfill one year of the two-year science requirement. A strong background in algebra and trigonometry, especially manipulating functions, is needed. The course prepares students to take the Advanced Placement examination. A mandatory parent meeting will be held in the Spring Semester.

Social Science

African American History

Course #5276

Level: 10-12
Length: Year (10 Credits)
Prerequisite: US History
Graduation: Elective Credit

In the first semester, the course studies the history of African Americans from the beginning of the Atlantic slave trade to the passage of the 13th Amendment. This history includes the experiences of free and enslaved African Americans, and the impact of race-based chattel slavery on African Americans and on African history. In the second semester, the course studies the history of African Americans from the period immediately following the abolition of slavery through the Civil Rights and Black Power Movements, ending with the assassination of MLK. This history includes the social, economic, and political development of the African American identity, including the securing of equal rights and the emergence of black pride and black power in the 20th century.

P-Ethnic Studies

Course #5230

Level: 10-12
Length: Year (10 credits)
Prerequisite: None
Graduation: Elective credit
College Prep: History (a) requirement

Ethnic Studies aims to empower all students to engage socially and politically and to think critically about the world around them. Students will learn about the experiences of people of color in the United States in order for students to construct counter-narratives and develop a more complex understanding of the human experience. This course will focus on the experiences of African Americans, Asian Americans, Chicanas/os and Latinas/os, Native Americans, and other underrepresented demographics in the United States. We will analyze their contributions to the United States as well as their unique histories and quest for equality throughout our nation's history. The major purpose of this course is to educate students to be politically, socially, and economically conscious about their personal connections to local and national history. Ethnic Studies focuses on themes of social justice, social responsibility, and social change. The course spans from past to present, from politics to social reform, allowing students to identify similar social patterns and universal qualities present in other societies, including their own. This course will focus on the experiences of African American, Asian Americans, Latinos American, and American Indians. (Adapted from LA Unified, Vacaville, and Berkeley Department of Ethnic Studies.)

P-World Cultures and Geography

Course #5255

Level: 9
Length: Year (10 credits)
Prerequisite: None
Graduation: Elective credit
College Prep: History (a) requirement

This course enhances student's understanding of the global environment in which they live. During the year-long course, emphasis is placed on students acquiring knowledge of world cultures, world problems, basic geography, human migration, the humanities, critical thinking skills, reading strategies, study skills, vocabulary development, writing ability, and speaking for the purpose of debate and presentation. The program integrates a variety of teaching methods that requires students to engage in both group and individual learning.

P-World History

Course #5240

Level: 10
Length: Year (10 credits)
Prerequisite: None
Graduation: World History requirement
College Prep: History (a) requirement

Students have an opportunity to compare and contrast philosophies, languages, literature, religion and the arts of world cultures. The students become more knowledgeable about the effects of geography upon the political and economic development of cultures.

Level: 11
Length: Year (10 credits)
Prerequisite: None
Graduation: U.S. History requirement
College Prep: History (a) requirement

United States history is designed to help students examine major turning points in American history in the twentieth century. Throughout the year students will examine American culture including religion, literature, art, drama, architecture, education, and the mass media. The year begins with a selective review with an emphasis on the nation's beginning including the main influences in the founding of the United States and the caused and consequences of the Civil War.

P-American Government

Course #5330

Level: 12
Length: Semester (5 credits)
Prerequisite: None
Graduation: American Government requirement
College Prep: History (a) requirement

American Government is a semester course designed to help students develop an understanding of the institutions of American government. Students examine and compare and contrast the development and processes of governments in both the United States, and to a lesser extent, the world. Students also examine related major issues of the world today. Emphasis is placed on the development of social participation skills and civic responsibility.

P-Economics

Course #5335

Level: 12
Length: Semester (5 credits)
Prerequisite: None
Graduation: Economics requirement
College Prep: Elective (g) requirement

This semester course is designed to deepen students' understanding of the economic problems and institutions of the nation and world in which they live. It will provide them with the knowledge and skills needed to make reasonable decisions on economic issues as citizens, workers, consumers, business owners, managers, and members of civic groups. The course is primarily a course in social science enriching students' understanding of the operations and institutions of economic systems rather than a course in household or business management.

P-World Studies Program

Course #1429

Level: 10
Length: Year (double-blocked class 20 credits)
Prerequisite: None
Graduation: English 10 and World Hist requirement

College Prep: English 10 (b) and World Hist (a) requirement
 World Studies integrates English 2 and World History, and explores world culture and the major turning points in world history to make connections between real life history and American literature. The course will review the rise of democracy through nation building of modern day.

P-American Studies Program

Course #1439

Level: 11
Length: Year (double-blocked class 20 credits)
Prerequisite: None
Graduation: English 11 and US History requirement
College Prep: English 11 (b) and US History (a) requirement

American Studies is an integrated English 3 and U.S. History course designed to explore American culture and the major turning points in U.S. history and to make connections the past, between real life and American literature. The course reviews the rise of democracy and the industrial and technological transformations.

P-U.S. History

Course #5280

P-Advanced Placement (AP) World History Course #5270

Level: 10-12
Length: Year (10 credits)
Prerequisite: None
Graduation: World History requirement
College Prep: History (a) requirement

World History is a college level course designed to sensitize students to the students to the contributions and growing interdependence of the various peoples and cultures of our world. The course covers time period from 1000 to present with review of 500-1000. A mandatory parent meeting is held in the Spring Semester.

P-Advanced Placement (AP) U.S. History Course #5290

Level: 11
Length: Year (10 credits)
Prerequisite: None
Graduation: U.S. History
requirement College Prep: History (a) requirement

The study of U.S. History helps students learn about their American heritage and understand the role of their nation in the world. This course is the equivalent to college or university level U.S. History. The course prepares students to take the Advanced Placement examination. A mandatory parent meeting is held in the Spring Semester.

P-Advanced Placement (AP) American Government Course #5295

Level: 12
Length: Semester (5 credits)
Prerequisite: None
Graduation: American Government
requirement College Prep: History (a) requirement

This college level AP Government class will prepare students to take the AP Exam in May as well as meet the graduation requirement of 5 units in American Government. The course will emphasize reading of political philosophy as well as essay writing in specific content areas related to not only American governmental systems but also other governmental systems as necessitated by the College Board. Students successful in passing the AP Exam will receive advanced placement upon entering college. A mandatory parent meeting is held in the Spring Semester.

P-Advanced Placement (AP) Economics: Macro Course #5365

Level: 12
Length: Semester (5 credits)
Prerequisite: None
Graduation: Economics
requirement College Prep: Elective (g) requirement

This class prepares students to take the AP Exam in May as well as meet the graduation requirement of 5 units in Economics. The course will emphasize reading of economic theory as well as essay writing in specific content areas related to not only the capitalist system but also other economic systems as necessitated by the College Board. Students passing the AP Exam will receive advanced placement upon entering college. A mandatory parent meeting is held Spring Semester.

P-Psychology Within Society Course #5396

Level: 10-12
Length: Year (10 credits)
Prerequisite: None
Graduation: Elective credit
College Prep: Elective (g) requirement

This entry-level course introduces students to the systematic and scientific study of the behavior and mental processes of individuals and group behavior. Students will compare and contrast the major psychological paradigms, evaluate historical and sociological determinants, and know and perform various tests, measures, assessments. Recommended for Professional Human Development Academy participants, but open to all interested students.

Length: Year (10 credits)

Prerequisite: None

Graduation: Elective credit

College Prep: Elective (g) requirement

AP Psychology covers the equivalent of a college freshman Psychology course and prepares students to take the Advanced Placement examination. The students investigate and acquire knowledge in the basic foundations of scientific psychology. Through varied modalities, students compare and contrast the major schools of thought from a historical and sociological perspective. The students examine different methods of test, measures, and assessment with emphasis on bias related issues: cultural, ethnic, genre, contemporary controversies are explored. The students analyze ethical concerns: objectively and subjectively. Particular emphasis is placed on proper APA writing format as well as extensive reading, both primary source and supplemental literature, essay writing, intense group interaction, and individual presentations involving critical reasoning skills. The students explore possible career choice within the psychological community and evaluate current trends, which may affect future occupations. A mandatory parent meeting is held in the Spring Semester.

P-Advanced Placement (AP) Human Geography Course #5397

Level: 10-12
Length: Year (10 credits)
Prerequisite: None
Graduation: Elective credit
College Prep: History (g) requirement

Human Geography is the study of how and why people move and how they use the earth. The purpose of the AP course in Human Geography is to introduce students to the systematic study of patterns and processes that have shaped human understanding, use, and alteration of Earth's surface. Students employ spatial concepts and landscape analysis to examine human social organization and its environmental consequences. They also learn about the methods and tools geographers use in their science and practice.

Non-Departmental

Special Education

Special education staff meet with other school personnel and parents to decide appropriate high school supports and services for students with disabilities. Each student's disability is reviewed with placement and services based on the student's unique specific needs. All placements and services must have approval of the IEP team and an Individualized Educational Plan must be written before students receive any special education support or related services.

The Excel Program provides services to students with special needs working towards earning a high school diploma through the instructional support model. The instructional support may be provided to students within a general or special education setting based on the student's level of need and goals. Examples of instructional support include collaboration between general and special education teachers, co-taught classes with both general and special education teachers providing instruction, special education classes utilizing modified core curriculum, and specialized remediation classes targeting a specific area (i.e. reading, math, transition).

The Life Skills Program is designed to support students receiving specialized academic instruction with an emphasis on functional academics. Core instruction includes: mathematics, language arts, science, health, and social science. Curriculum is delivered based on IEP goals and modified to accommodate a variety of learning styles and abilities. Student engagement and making sense of their world is key in instruction. Skills developed include: money management, telling time, measurement, and reading and comprehending functional text. Additional emphasis is placed on developing social and independent living skills and incorporating community based instruction providing students with real life experiences. Student participate in general education classes as determined by their IEP teams. Upon completion of the program, students participate in Commencement and are awarded a Certificate of Completion.

The Matrix Program is designed to support students who require additional social-emotional and mental health support. Students receive instruction in a counseling enriched small group environment. Student may have one class or several classes in the Matrix Program depending on the student's level of need. Group or individual counseling is embedded in the program.

Health

Course #2700

Level: 9-12 (Grade 10 recommended)

Length: Semester (5 credits)

Prerequisite: None

Graduation: Health requirement

This course is designed to help students examine their lifestyles, select goals, and make plans to achieve and maintain optimum health. The course focuses on choosing behaviors, which help prevent illness and accidents, promote health for ones' self and others, and improve the quality of the environment. The course promotes responsible decision-making and provides students with life management skills they can use for the rest of their lives.

Student Leadership

Course #7480

Level: 9-12

Length: Year (10 credits)

Prerequisite: Application process

Graduation: Elective credit

Students learn the skills to become inspiring leaders: effective communication skills, team-building, working well with teams, running effective meetings, conflict resolution, negotiations, overcoming obstacles, creative problem-solving, creating a vision, setting goals, and implementing plans. Students orchestrate and carry out school wide events and activities and contribute to the building of our community. Students are selected through a recommendation and screening process

Connect Crew/Link Crew

Course #7482

Level: 10-12

Length: Year (10 credits); repeat to 30 credits

Prerequisite: None. Teacher recommendation and interview

Graduation: Elective credit

The Connect Crew class is based upon seven units of study developed by the Boomerang Project. Connect Crew is about more than events: it is about helping freshmen achieve success and it is that initial freshmen throughout the school year. Connect Crew is a student centered mentoring class. This class engages, develops and trains students to be leaders and mentors. Connect Crew is about facilitating a smooth transition both socially and academically for all.

PUSH (Pursuing University Skills in H.S.)

Grade 9 Course #7371

Grade 10 Course #7372

Grade 11 Course #7373

Grade 12 Course #7374

Level: 9-12

Length: Year (10 credits); repeat to 40 credits

Prerequisite: Middle School AVID and/or application process

Co-Requisite: Enrollment in college preparatory courses

Graduation: Elective credit

College Prep: Elective (g) requirement

Pursuing University Skills in High School (PUSH) is an elective course that prepares students for entrance into four-year colleges. There is an emphasis on analytical writing, preparation for college entrance and placement exams, study skills and test taking, note taking, and research.

Study Hall

Course #7680

Level: 9-12

Length: Semester (0 credits)

Study Hall provides the opportunity for students to do their homework, study for exams, or work on class projects during the school day. Textbooks are available to the students along with limited supplies for projects such as markers, colored pencils, paper, calculators, etc. The goal of study hall is to provide an environment that encourages learning and study skills. The expectation is for all freshmen to take a study hall period to ensure academic success.

Staff Assistant **Course #8010**

Level: 11-12
Length: Semester (5 credits); repeat to 30 credits
Prerequisite: 2.0 GPA with counselor, instructor, or administrator approval
Graduation: Elective credit
Grade: Pass or Fail

Students in these courses will work under teacher or administrator supervision in a work or lab setting within the school environment.

Driver Education/Decision Making **Course #2830**

Level: 10-12 (Grade 10 recommended)
Length: Semester (5 credits)
Prerequisite: Age 16 by end of semester
1st semester: At least 15.5 yrs. by start of semester
2nd semester: At least 15.5 yrs. by start of semester
Graduation: Elective credit

Driver Education: students study the vehicle code and safe driving practices to prepare for the state's written exam. Decision Making: students explore career pathways and decisions that will lead to a successful career. Students also learn how to use the Career Center.

P-Advanced Placement (AP) Seminar **Course #3174**

Level: 10-12
Length: Year (10 credits)
Prerequisite: Taken at least one AP course in 9th or 10th grade
Concurrently (recommended)
Graduation: Elective Credit
College Prep: History (g) requirement

This is a foundational course that engages students in cross-curricular conversations that explore the complexities of academic and real-world topics and issues through analysis of divergent perspectives. The course utilizes an inquiry framework to include: reading and analyzing articles, research studies, foundational/literary/philosophical texts, listening and viewing speeches/broadcasts/personal accounts, and experiencing artistic works/performances. Students learn to synthesize information from multiple sources, develop their own perspectives in written essays, and design and deliver oral/visual presentations.

P-Advanced Placement (AP) Research **Course #0066**

Level: 12
Length: Year (10 credits)
Prerequisite: Students have successfully completed the AP Seminar course
Graduation: Elective Credit
College Prep: Elective (g) requirement

AP Research, the second course in the AP Capstone experience, allows students to deeply explore an academic topic, problem, issue, or idea of individual interest. Students design, plan and implement a yearlong investigation to address a research question. Through this inquiry, they further the skills they acquired in the AP Seminar course by learning research methodology, employing ethical research practices, and accessing, analyzing, and synthesizing information. Students reflect on their skill development, document their processes and curate the artifacts of their scholarly works through a process and reflection portfolio. The course culminates in an academic paper of 4,000-5,000 words (accompanied by a performance, exhibit or product where applicable) and a presentation with an oral defense

Foundations for Success I **Course #7457**

Level: 9-10
Length: Semester (5 credits)
Prerequisite: None
Graduation: Elective Credit

This course is designed to support a successful transition into high school and, ultimately, into adulthood through better understanding of the value of education, specifics of high school, academic/college and career options and information, cost of living as regards to financial independence, steps of maturation, over-coming obstacles, time-management, self-motivation, and SMART goal setting.

Level: 9-12
Length: Semester (5 credits)
Prerequisite: Counselor, Administrator, or Parent
Request Graduation: Elective Credit

Skills for Living is a one-semester course that is devoted to helping students gain the knowledge, skills, attitudes, and self-discipline they need to learn how to learn. Areas of focus in the course include the time management and organizational skills, note-taking and reading skills, memory improvement, and test-taking skills. This course is aimed at improving student's self-management, responsibility, decision-making and problem-solving. Extensive in-class exercises will be supplemented by library work and homework assignments

