**Resolving Conflicts & Preventing Violence**

**Chapter 9**

* **Understanding Conflicts**
	+ Any disagreement, struggle or fight
	+ Causes:
		- Misinterpretation
		- \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ struggles
		- \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ loyalties
		- Jealousy & envy
		- \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ disputes
		- Conflicting attitudes & values
		- Lack of \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_
* **Responding To Conflicts**
	+ \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_: the process of ending a conflict through cooperation & problem solving (*\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_* & \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_)
		- Be \_\_\_\_\_\_\_\_\_\_\_\_\_, yet assertive
		- \_\_\_\_\_\_\_\_\_\_\_name calling or yelling
		- Each person gets to \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_
		- Don’t make \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_
		- Focus on \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_
		- “\_\_\_\_\_” messages, not “You” messages
		- \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ & have an open mind
* **Understanding Violence**
	+ The \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ or actual use of physical \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ to power or harm another person or to damage property
	+ Types:
		- \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_
		- \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ violence
		- \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_
		- \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ assault
		- \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ crimes
		- Abuse
* **Then there’s Abuse**
	+ \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_, mental, \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ or sexual mistreatment of one person by another
* **Types of Abuse**
	+ \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Abuse
	+ \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Violence
	+ \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Abuse
	+ \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_
* **Protecting Yourself From Abuse**
	+ Only have \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ & positive friends & family
	+ Avoid \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ people
	+ Be \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_
	+ At home: lock up, don’t open doors to strangers, hide spare key well, know neighbors
	+ On the street: don’t go out alone, be alert, know where you’re going, yell of being threatened
* **Sexual Abuse**
	+ Any form of \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ sexual contact directed at an individual
		- \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Assault (forced kissing, pulling off clothing, grabbing body parts)
		- \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ (Date/Acquaintance)
		- \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_
* **Help After a Sexual Assault**
	+ Get \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ from further harm
	+ Call for \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_
	+ \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ change anything about your body or your environment
		- *\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ shower or go to the bathroom*
		- *\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ change your clothes or wash & comb your hair*
		- *\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ clean the place up*
	+ Go to the hospital
	+ Seek therapy or counseling
* **Community Resources**
	+ School counselors
	+ California Youth Crisis Hotline: 1-800-843-5200
	+ Teen to Teen hotline:1-877-945-8336