**Resolving Conflicts & Preventing Violence**

**Chapter 9**

* **Understanding Conflicts** 
  + Any disagreement, struggle or fight
  + Causes:
    - Misinterpretation
    - \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ struggles
    - \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ loyalties
    - Jealousy & envy
    - \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ disputes
    - Conflicting attitudes & values
    - Lack of \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_
* **Responding To Conflicts** 
  + \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_: the process of ending a conflict through cooperation & problem solving (*\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_* & \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_)
    - Be \_\_\_\_\_\_\_\_\_\_\_\_\_, yet assertive
    - \_\_\_\_\_\_\_\_\_\_\_name calling or yelling
    - Each person gets to \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_
    - Don’t make \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_
    - Focus on \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_
    - “\_\_\_\_\_” messages, not “You” messages
    - \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ & have an open mind
* **Understanding Violence** 
  + The \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ or actual use of physical \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ to power or harm another person or to damage property
  + Types:
    - \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_
    - \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ violence
    - \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_
    - \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ assault
    - \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ crimes
    - Abuse
* **Then there’s Abuse** 
  + \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_, mental, \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ or sexual mistreatment of one person by another
* **Types of Abuse** 
  + \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Abuse
  + \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Violence
  + \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Abuse
  + \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_
* **Protecting Yourself From Abuse** 
  + Only have \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ & positive friends & family
  + Avoid \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ people
  + Be \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_
  + At home: lock up, don’t open doors to strangers, hide spare key well, know neighbors
  + On the street: don’t go out alone, be alert, know where you’re going, yell of being threatened
* **Sexual Abuse** 
  + Any form of \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ sexual contact directed at an individual
    - \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Assault (forced kissing, pulling off clothing, grabbing body parts)
    - \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ (Date/Acquaintance)
    - \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_
* **Help After a Sexual Assault** 
  + Get \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ from further harm
  + Call for \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_
  + \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ change anything about your body or your environment
    - *\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ shower or go to the bathroom*
    - *\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ change your clothes or wash & comb your hair*
    - *\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ clean the place up*
  + Go to the hospital
  + Seek therapy or counseling
* **Community Resources** 
  + School counselors
  + California Youth Crisis Hotline: 1-800-843-5200
  + Teen to Teen hotline:1-877-945-8336